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Abstract:	<p>Obesity is intimately associated with diet and dysbiosis of gut microorganisms but anxiolytics, widely used in treatment of psychiatric conditions, frequently result in weight gain and associated metabolic disorders. We are interested in effects of the anxiolytic Etifoxine, which has not been studied with respect to weight gain or effects on gut microorganisms. Here we induced obesity in mice by feeding a high-fat diet but found that intraperitoneal administration of Etifoxine resulted in weight loss and decreased serum cholesterol and triglycerides. Obese mice had increased hepatic transcripts associated with lipid metabolism (<i>cyp7a1</i>, <i>cyp27a1</i>, <i>abcg1</i> and <i>LXRα</i>) and inflammatory factors (TNFα and IL18) but these effects were reversed after Etifoxine treatment other than <i>cyp7a1</i>. Taxonomic profiles of the organisms from the caecum were generated by 16S rRNA gene sequencing and Obese and Etifoxine mice show differences by diversity metrics, Differential Abundance and functional metagenomics. Organisms in genus <i>Oscillospira</i> and genera from Lachnospiraceae family and Clostridiales order are higher in Control than Obese and at intermediate levels with Etifoxine treatment. With respect to community metabolic potential, Etifoxine mice have characteristics similar to Control and particularly with respect to metabolism of butanoate, sphingolipid, lipid biosynthesis and xenobiotic metabolism. We suggest mechanisms where-by Etifoxine influences processes of host, such as on bile acid synthesis, and microbiota, such as signalling from production of butanoate and sphingosine, resulting in decreased cholesterol, lipids and inflammatory factors. We speculate that the indirect effect of Etifoxine on microbial composition is mediated by microbial β-glucuronidases that metabolise excreted Etifoxine glucuronides.</p>

1 **Etifoxine reverses weight gain and alters the colonic bacterial community in a**
2 **mouse model of obesity**

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24 **Abstract**

25 Obesity is intimately associated with diet and dysbiosis of gut microorganisms but
26 anxiolytics, widely used in treatment of psychiatric conditions, frequently result in weight
27 gain and associated metabolic disorders. We are interested in effects of the anxiolytic
28 Etifoxine, which has not been studied with respect to weight gain or effects on gut
29 microorganisms. Here we induced obesity in mice by feeding a high-fat diet but found that
30 intraperitoneal administration of Etifoxine resulted in weight loss and decreased serum
31 cholesterol and triglycerides. Obese mice had increased hepatic transcripts associated with
32 lipid metabolism (*cyp7a1*, *cyp27a1*, *abcg1* and *LXRα*) and inflammatory factors (TNFα and
33 IL18) but these effects were reversed after Etifoxine treatment other than *cyp7a1*. Taxonomic
34 profiles of the organisms from the caecum were generated by 16S rRNA gene sequencing and
35 Obese and Etifoxine mice show differences by diversity metrics, Differential Abundance and
36 functional metagenomics. Organisms in genus *Oscillospira* and genera from *Lachnospiraceae*
37 family and *Clostridiales* order are higher in Control than Obese and at intermediate levels
38 with Etifoxine treatment. With respect to community metabolic potential, Etifoxine mice have
39 characteristics similar to Control and particularly with respect to metabolism of butanoate,
40 sphingolipid, lipid biosynthesis and xenobiotic metabolism. We suggest mechanisms where-
41 by Etifoxine influences processes of host, such as on bile acid synthesis, and microbiota, such
42 as signalling from production of butanoate and sphingosine, resulting in decreased
43 cholesterol, lipids and inflammatory factors. We speculate that the indirect effect of Etifoxine
44 on microbial composition is mediated by microbial β-glucuronidases that metabolise excreted
45 Etifoxine glucuronides.

46 **Keywords:** Etifoxine; Obesity; weight-loss; colonic microbiome colonic microbial
47 **functionality; QIIME 2; PICRUST**

48 1. Introduction

49 The use of many antipsychotic drugs is compromised by side-effects of obesity [1] and
50 associated metabolic syndromes resulting in increased morbidity and mortality [2]. Obesity
51 and associated metabolic disorders are a global health concern and causes of obesity are
52 complex, but it is widely accepted that diets rich in fat and meat-derived proteins, typical of
53 the Western hemisphere, are a major cause [3]. Indeed, the large surges in obesity in many
54 developing countries seen in recent decades can be attributed to a shift from a vegetable-rich
55 diet to a more Western-style diet. Appetite and food intake are under complex genetic control
56 involving the interaction of hormones responding to dietary metabolites, neuro-endocrines
57 and gut-produced incretins and Western-style diets appear to be able to over-ride these
58 controls [4,5]. The reasons why antipsychotics cause obesity are largely unknown and here
59 we investigate the effects of etifoxine, an antipsychotic that has not previously been assessed
60 in this respect.

62 Obesity is associated with dramatic changes of the gut microbiota from communities typical
63 of the lean state [7]. Animals are host to complex communities of microorganisms in the gut
64 that play a symbiotic role in well-being in which reciprocal signalling between host and
65 microbiome are significant [6]. It is postulated that bacterial dysbiosis results in alterations of
66 the two-way provision and nature of signalling between host and bacteria. Increased
67 production of energy-producing products, of inflammatory products and of bacterial toxins
68 along with decreased production of mucin-producing stimulants are significant in the onset of
69 obesity [8]. An example of two-way signalling is provided by bile acids which are inter-
70 related to host cholesterol homeostasis. Excess cholesterol is converted to primary bile acids
71 in the liver and these may be converted by gut bacteria to secondary bile acids. In the liver of
72 mice, bile acid synthesis is initiated principally by *cyp7a1* but also by mitochondrial *cyp27a1*

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73 to produce taurine-conjugated muricholic acid, stored in the gall bladder prior to release to the
74 duodenum upon eating. Secondary bile acids are then formed by microbial de-conjugation in
75 the small intestine and colon. Secondary bile acids regulate expression of host enzymes
76 catalysing rate-limiting steps of cholesterol conversion to bile acids [9,10] and influence the
77 host immune function and regulate gut bacterial composition [11–13]. With respect to
78 cholesterol metabolism, etifoxine acts on the host via the mitochondrial transmembrane
79 translocator (TSPO) to increase cholesterol trafficking and provides protection against
80 oxidative stress, inflammation and cholesterol accumulation [14].

81
82 Since etifoxine is likely to be a substrate for hepatic xenobiotic-metabolising systems, the
83 release of drug metabolites into the gastrointestinal tract (GI) has to be considered. The
84 classical route for such processes involves an initial cytochrome P450-mediated oxidation,
85 subsequent conjugation with typically glucuronide or glutathione before the products are
86 trafficked via transporters to the gall bladder and released in the bile stream [15,16]. In our
87 experimental system etifoxine is administered intraperitoneally, so will initially interact with
88 host systems regulating lipid metabolism and drug metabolism.

89
90 Here we describe the results of studies of obesity, induced by a high-fat diet, on host and
91 microbiome systems and on the consequences of etifoxine co-administration. A major focus
92 for studies of obesity and altered microbiome has been food composition and to the best of
93 our knowledge, the effects of drugs (other than antibiotics) have not been a major
94 consideration. We postulated that etifoxine would reverse weight gain and increased serum
95 lipids resulting from the diet and that potential effects of etifoxine on gut microbiome
96 composition would have beneficial effects through microbial signalling that interacts with
97 host regulatory systems. These expectations were realised and we present data suggesting a

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98 variety of mechanisms by which etifoxine affects gut microbial communities and microbial
99 signalling that results in weight loss and beneficial effects on the host.

100 **2. Materials and Methods**

101 ***2.1. Animal Husbandry***

102 The animals used for this study were housed in the Animal Care Unit of the University
103 of Strathclyde, according to the UK Home Office Animal Care regulations and the
104 experimental procedures were authorised by the University of Strathclyde Animal Welfare
105 Authority (Project licence P8C815DC9). C57BL/6 male mice (body weight, 20-25g at the
106 start of the experiment) were used. The mice were randomly divided into three experimental
107 groups, 6 animals per group; two groups were fed with a high-fat diet (HFD, Crude fat 22.3%,
108 Crude protein 19.9%, Crude fibre 3.8%, Ash 5.1%, Carbohydrate 41.1% (w/w); provided by
109 Special Diet Services, UK) while the third group was fed with a standard chow diet (7%
110 simple sugars, 3% fat, 50% polysaccharide, 15% protein (w/w) (Special Diet Services, UK).
111 After 13 weeks, one group of HFD-fed mice were treated daily with etifoxine (50mg/kg), i.p.
112 and the other two groups were treated with 0.1% Tween-80 in saline solution (vehicle of
113 etifoxine) for 15 days after which the mice were sacrificed by anaesthesia (CO₂) and serum
114 and liver collected. Note that the dosage used here is at the low end of that used in human
115 treatment [17,18]. Luminal samples were extracted from the colon adjacent to the caecum
116 and then frozen in dry ice and stored at -80° C until used.

117 ***2.2. Bacterial DNA isolation***

118 Genomic DNA was isolated from the colonic samples within one day of collection
119 using the QIAamp DNA Stool Mini Kit (QIAGEN Manchester Limited (UK) following the
120 manufacturer's protocol. Separate isolations were made from individual faecal material (50-
121 150 mg)/animal, then placed in a 2 mL Lysing Matrix E (1.4 ceramic spheres, 0.1 mm silica

122 spheres and one 4 mm glass bead) microcentrifuge tubes (MP Biochemicals, Strasbourg,
123 France). Tube contents were thoroughly homogenized in ASL Buffer using a FastPrep®-24
124 Instrument (MP Biomedicals, UK) at 4.5 M second-1 for 60 seconds and homogenization
125 repeated after a rest of 5 mins on ice. A single DNA sample for each individual animal was
126 recovered and stored at -80°C prior to sequencing.

2.3. Serum lipids

128 Serum lipids were extracted by the manufacturers' protocols. The total cholesterol was
129 assessed by Amplex Red Cholesterol Assay kit (Thermo Fisher, UK), according to the
130 previous publications [19]. For triglyceride concentration determination the sera were
131 examined with the EnzyChrom Triglyceride assay kit (BioAssay System, UK).

2.4. Hepatic Gene expression

133 The isolation of total RNA and subsequent cDNA synthesis were as described
134 previously [19] Gene expression was quantified by quantitative real-time polymerase chain
135 reaction (qRT-PCR) using a 5x HOT FIREPol® EvaGreen® qPCR Supermix (Newmarket
136 Scientific, UK) according to the manufacturer's protocols. Briefly, the Ct value was
137 quantified with the Bio-Rad CFX96 Real-Time PCR Detection System (Bio-Rad, UK) under
138 the following conditions: 50°C for 2 min (UDG incubation) followed by an enzyme activation
139 step at 95°C for 2 min and amplification for 40 cycles including DNA denaturation at 95°C
140 for 15 seconds and primer annealing at 60°C for 15 seconds and elongation for 20 seconds.
141 The relative mRNA expression was analysed by $2^{-\Delta\Delta CT}$ [20] and was normalised with the β -
142 actin housekeeping gene. Primer sequences are shown in Table 1.

143 ***2.5. 16S rRNA gene library production and sequencing***

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3 144 Purified DNA from each animal was used for PCR amplification and sequencing of
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5 145 16S rRNA genes on an Illumina MiSeq instrument with 2 x 300 base-pair paired-end reads at
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7 146 LGC Genomics, Germany. Universal primers of 16S rRNA genes were used to amplify the
8
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10 147 hypervariable regions, V3-V5 (V3F (341F), V5R (785R)) [21]. In a second PCR, Illumina
11
12 148 TruSeq adapters and tag index sequences were attached prior to sequencing. Reads were
13
14
15 149 demultiplexed at LGC and basic statistics are shown in Table 2. All reads were reported as
16
17 150 fastq along with fastqc files showing phred values > 20. Reads and metadata have been
18
19
20 151 submitted to the SRA with Accession Number **PRJNA596121**.

23 152 ***2.6. Data analysis with QIIME2 and PICRUST***

26 153 Data processing, quality trimming, taxonomic classification, diversity and differential
27
28
29 154 abundance were analysed with modules (plugIns) in QIIME2-2018.8 (<https://qiime2.org>;
30
31 155 <https://peerj.com/preprints/27295/>) [22]. QIIME2 is a microbiome-analysis pipeline that
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33
34 156 incorporates many previous stand-alone facilities with facilities developed by the QIIME2
35
36 157 team. Demultiplexed reads were imported using the Fastq manifest protocol (import is
37
38 158 directed by a tab-separated text file) (<https://docs.qiime2.org/2019.1/tutorials/importing/>)
39
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41 159 prior to an additional layer of quality filtering using DADA2 (settings p-trim-left 10 bp and p-
42
43 160 trim-right 240) [23]. DADA2 truncates reads at both ends to the specified length, joins the
44
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46 161 reads and removes any chimeric sequences. Taxonomy was assigned to features using a
47
48 162 classifier trained with the QIIME2 plugin [24] using the Greengenes data base (v 13.8) set at
49
50
51 163 99% sequence identity [25]. Diversity of the microbial communities were assessed using
52
53 164 several methods available in the q2-diversity plugin (see [https://forum.qiime2.org/t/alpha-and-](https://forum.qiime2.org/t/alpha-and-beta-diversity-explanations-and-commands/2282)
54
55 165 [beta-diversity-explanations-and-commands/2282](https://forum.qiime2.org/t/alpha-and-beta-diversity-explanations-and-commands/2282) for original citations). Differential
56
57
58 166 Abundance was determined using gneiss and Linked Taxonomy was generated with p-taxa-

167 level set to 5 (<https://docs.qiime2.org/2019.7/tutorials/gneiss/>). This approach seeks to
168 identify groups of taxa (balances or proportions) that co-segregate under various experimental
169 conditions and thus which balance might change with those conditions. Co-segregation is
170 identified using correlation with unsupervised Ward's hierarchical clustering to obtain
171 Principal Balances.

172
173 The frequency and taxonomic data were processed in QIIME2 for closed-reference clustering
174 with vsearch [26] with identity set at 0.99 and using the trained classifier produced earlier.
175 The table produced was exported for further analysis in PICRUSt [27] for metagenomic
176 function imputation. PICRUSt allows predictions to be made for the presence of genes even
177 in un-sequenced taxa by the construction of phylogenetic trees and inference when sufficient
178 genome sequences are available from close family members. These predictions apply to both
179 enzyme-encoding genes and 16S rRNA genes allowing normalization to 16S gene copy
180 number. Metagenome predictions were collapsed to KEGG-Pathways with level set to 3. The
181 metagenome predictions were also used to compute the contribution of individual taxa to
182 chosen KEGG orthologue enzymes.

183 Results were obtained using the ARCHIE-WeSt High Performance Computer
184 (www.archie-west.ac.uk) based at the University of Strathclyde.

185 ***2.7. Statistics***

186 Data is presented as mean +/- SEM and differences within and between groups were
187 assessed using GraphPad Prism Software (version 8.02, 441, Inc., San Diego, CA, USA).
188 Data distribution was tested by selecting in Prism the methods of Anderson-Darling,
189 D'Agostino & Pearson, Shapiro-Wilk test and Kolmogorov-Smirnov ($\alpha=0.05$) and
190 normality was only accepted if all methods agreed. Data was analysed by One-way ANOVA

191 with Tukey's post-hoc test, if the data had a normal distribution while the Kruskal Wallis test
192 followed by Dunn's multiple comparisons test was used if data was nonparametric. Other
193 statistical tests are built into the QIIME2 Plugins. A p value of < 0.05 was considered
194 significant.

195 **3. Results**

196 Mice were maintained either on a normal diet (referred to as CD or Control group) or
197 one containing high fat (referred to as HFD or Obese group) for a period of 13 weeks. After
198 this time the animals were maintained on their original diet for another 15 days but a subset of
199 the HFD mice were also administered etifoxine (E), i.p., (referred to as HFD+E, Etifoxine
200 group). During this phase the other HFD and Control animals received vehicle treatment.
201 Data recorded over the initial 13 weeks showed that animals on the HFD diet gained
202 considerable weight relative to the Controls (Figure 1a). Those animals kept on the high-fat
203 diet and vehicle continued this trajectory during the second phase of the experiment while
204 those on HFD+E showed weight loss as early as 7 days and this became significant at 13 days
205 and continued to the end of the experiment (Figure 1b). Control animals showed expected,
206 continuous, modest weight gain through both stages of the experiment.

207 ***3.1. Effects on the host as measured by lipids in serum and hepatic qRT-PCR data***

208 It was expected that the high-fat diet would have direct effects on animal metabolism
209 and we investigated this and the effects of etifoxine by measurement of serum cholesterol and
210 triglycerides. Administration of the high fat diet increased serum levels of both cholesterol
211 (Figure 1c) and triglycerides (Figure 1d). However, administration of etifoxine produced
212 significant reductions of these lipids close to those observed in the Control animals.
213 In addition to lipid analytes, relative levels of liver mRNAs associated with lipid processing
214 were also determined. These included *cyp7a1*, *cyp27a1*, *abcg1*, *abca1*, and *LXRα*. Figure 1e

215 shows that the relative level of *cyp7a1*, *cyp27a1*, *abcg1* and *LXRα* were elevated in HFD
216 mice. *Cyp7a1* remained elevated in HFD+E but *cyp27a1*, *abcg1* and *LXRα* declined to values
217 intermediate between the HFD and Control animals. No statistically significant differences
218 were found for expression levels of *abca1* between any of the groups. Obesity is associated
219 with an inflammatory state so relative levels of mRNAs for pro-inflammatory TNFα, IL-1β
220 and IL-18 were also determined. The high-fat diet elevated levels of TNFα and IL-18, but not
221 IL-1β, relative to CD and this was reversed in HFD+E mice for IL-18 and TNFα (Figure 1f).

222 **3.2. Sequence analysis of bacterial DNA**

223 After demultiplexing and removal of adaptor and primer sequences, a total of 1.79 M,
224 16S rRNA gene read-pairs (Table 2) were imported to QIIME 2. Subsequent quality-trimming
225 and read-pair joining generated 766,169 reads and 1925 representative rep-seqs were selected
226 with average read length 388.7 base pairs. Subsequent phylogenetic assignment of features
227 produced 103 distinct taxa with 86% identified at family level, 50% at genus and 23% at
228 species level.

229 **3.3. Phylogenetic composition and the abundance of taxa of the microbiome** 230 **communities**

231 Determination of the 16S rRNA gene sequences allowed phylogenetic classification
232 via QIIME 2 of features of the gut microbiota from the level of phylum to species.
233 The abundance and composition of gut bacteria differs between the three experimental groups
234 and is shown in Figure 2 and Figure 2a shows the abundance of bacteria at the level of
235 phylum. The ratio of *Firmicutes*/*Bacteroides* is elevated in HFD v CD but there is a distinct
236 shift back towards CD in this value in HFD+E (Figure 2b). In greater detail changes relative
237 to CD can be seen in HFD and these appear to be reversed towards CD in HFD+E. For
238 instance, in the Control animals (CD), the most abundant bacteria were unclassified species of

239 family *Lachnospiraceae*, order *Clostridiales* and family *S24-7*. The abundance of these
1
2 240 organisms is decreased in HFD but increased towards CD in HFD+E (Figure 2c). Conversely,
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4 241 *Allobaculum* and unclassified genera of order *Clostridiales* are increased in HFD vs CD but
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7 242 less so in HFD+E.
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11 244 Differences in the diversity of taxa across the groups were investigated by measures of both
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14 245 α - and β -diversity. For α -diversity observed_otus and chao1 showed clear differences of HFD
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16 246 compared with both CD and HFD+E while no significant differences were found between CD
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19 247 and HFD+E (Figure 3a & b, respectively). Additionally, correlation analysis based on animal
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22 248 weight and the vector of alpha diversity, using the Spearman method, indicated a significant
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24 249 difference (observed_otus and chao1; test statistic = 0.6599, p= 0.0029, n=18). Figures 3c and
25
26 250 d show differences of β -diversity in bacterial communities between groups were conducted by
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28
29 251 3D PCoA Emperor Plots with Bray Curtis and weighted unfrac metrics. The results of these
30
31 252 analyses reveal spatial separation between the Control (CD) and both groups of the high-fat
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33
34 253 animals (HFD and HFD+E). However, some separation between HFD and HFD+E groups
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36 254 was apparent and it appears that HFD+E is approaching values seen in CD.
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40 255 ***3.4. Differential Abundance of taxa based on balances metrics***

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43 256 Ward's hierarchical clustering was used to define the log ratios of microbes that are
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45 257 found together under defined conditions, here the experimental treatment of each group of
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48 258 animals. The statistics produced can be used to guide the choice of subsets of interest. Using
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50 259 this approach, and one such balance with 737 taxa in the numerator and 63 in the denominator
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52 260 produced a much lower log2 ratio in HFD than CD while an intermediate value was found for
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55 261 HFD+E (Figure 3e). Organisms in *Clostridiales*, *Lachnospiraceae*, *Lactobacillus* and
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57 262 *Oscillospira* appear to be significant (Figure 3f).
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3.5. Derivation of the functional microbiome using PICRUSt

The potential for bacterial metabolism in each bacterial group has been provided by PICRUSt. The normalised data was analysed by Kyoto **Encyclopaedia** of Genes and Genomes (KEGG) Pathway at level 3 and significant differences were identified as illustrated in Figure 4. Pair-wise comparison indicated 39 pathways with differences between at least two groups. Significant differences ($p < 0.05$) between HFD and HFD+E were found in 27/39 pathways. When comparing CD to HFD+E, 24 of those 27 pathways showed no difference i.e. these pathways approach levels seen in the Control. When comparing CD to HFD, differences were seen in 39/39 pathways.

So as to focus on major metabolic functional activities, a deeper analysis of some significant pathways was done at the level of individual enzymes present in taxa in those pathways using the ‘metagenomics_contributions’ script. These included butanoate metabolism, sphingolipid metabolism, synthesis and degradation of ketone bodies, and drug metabolism-other enzymes. Additionally, production of bacterial virulence factors were also analysed.

The short-chain fatty acid, butanoate plays an important role in gut function and health and therefore its metabolism was analysed in detail. In butanoate metabolism (Figure 5a, PATH: ko00650), 4 orthologous enzymes were imputed to be significantly higher in CD and HFD+E vs HFD and two of these have a direct role in butanoate formation, namely K00929 (butyrate kinase [EC:2.7.2.7]) (Figure 5b) and K00634 (phosphate butyryl-transferase [EC:2.3.1.19]) (Figure 5c). Only two enzymes (K00241) and (K7250) were significantly higher in CD vs HFD alone while HFD+E was higher than HFD but not significantly so. Three enzymes were higher in HFD alone vs CD while one was higher in HFD vs CD and HFD+E. All of the

287 enzymes where HFD was greater than CD are concerned with acetoin and acetoacetate
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7 290 In the lipid metabolic pathways (Figure 6a) the imputed synthesis of ketone bodies [PATH:
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10 291 ko00072] was lower in CD and HFD+E compared to HFD while sphingolipid metabolism
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12 292 [PATH: ko00600] was higher in CD and HFD+E compared to HFD. In addition, lipid
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14 293 biosynthesis proteins [PATH: ko01004] and Steroid hormone biosynthesis [PATH:ko00140]
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16 294 were higher in CD compared to HFD whereas Linoleic acid metabolism [PATH:ko00591]
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18 295 was lower in CD compared to HFD. Imputed activity levels of individual enzymes in the
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22 296 ketone body pathway are shown in Figure 6b. Two enzymes of the ketone body pathway were
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24 297 significantly enriched in HFD vs both CD and HFD+E including hydroxy-methyl-glutaryl-
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26 298 CoA synthase that catalyses the rate-limiting step of cholesterol biosynthesis. In sphingolipid
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29 299 metabolism, metabolic contributions from 7 enzymes would, potentially, be higher in CD and
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31 300 HFD+E vs HFD and different bacteria were associated with these changes (Figure 7). All of
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34 301 these enzymes are involved in the conversion of glucosylceramide and galactosylceramide to
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36 302 ceramide (N-acylsphingosine), the primary precursor of sphingosine.
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41 304 Bacteria can produce virulence factors which have effects on host cells and restrict the
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44 305 immune system. Figure 8a shows analysis of pathways leading to the production of bacterial
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46 306 toxins (cfa; cAMP factor; tcdAB; toxin A/B from *Clostridioides difficile*) where production is
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49 307 higher in HFD compared to both CD and HFD+E. Conversely hya;
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51 308 hyaluronoglucosaminidase was found to be significantly lower in HFD vs both CD and
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53 309 HFD+E. Figure 8b shows enzymes involved in bacterial invasion of epithelial cells
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56 310 [PATH:ko05100] and found 3 activities (fnbB; fibronectin-binding protein B , sfb1;
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58 311 fibronectin-binding protein 1 and yeeJ; adhesion factors) significantly higher in HFD vs CD
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312 and vs HFD+E. With respect to the endotoxin LPS, 3 enzymes involved in metabolism of
313 lipid A (K12973, K12974 and K02560) and 2 involved in metabolism of the O-antigen
314 (K02847 and K02851) were elevated in HFD compared to CD and HFD+E while 3 enzymes
315 of O-antigen metabolism (K12990, K132002 and K13004) were diminished in HFD but were
316 higher in CD and HFD+E. Data for K12973, K02560 and K12990 are shown in Figure 8c;
317 others involved with LPS metabolism, data not shown.

318
319 Although the bile acid-related pathways were not significantly different between groups, the
320 important role of these pathways in cholesterol homeostasis and recycling and their influence
321 on inflammatory processes had obvious relevance to our investigation. In secondary bile acid
322 biosynthesis [PATH:ko00121], 7-alpha-hydroxysteroid dehydrogenase [EC:1.1.1.159]
323 (K00076) was significantly higher in HFD than CD while 3-dehydro-bile-acid Delta-4,6-
324 dehydrogenase (baiN; K07007) was higher in HFD+E than HFD (Figure 8d).

325
326 In other bacterial metabolism, enzymes involved in drug metabolism - other enzymes
327 [PATH:ko00983] were considered. Imputed metabolic contributions from 4 enzymes were
328 significantly higher in CD and HFD+E vs HFD and different bacteria were involved for these
329 changes (Figure 9a). The role of beta-glucuronidase [EC:3.2.1.31] (uidA, GUSB; K01195) is
330 considered to be important (Figure 9b) and is discussed below.

331 4. Discussion

332 4.1. Antipsychotics, weight and bacterial colonic communities

333 Here we find that etifoxine, an antipsychotic, is able to reverse weight gain induced by a high-
334 fat diet and this property is unlike the majority of antipsychotic drugs that cause weight gain
335 [1,2]. While the treated mice have lost a significant amount of weight, they are still

336 technically obese with respect to weight. Diets high in fat cause changes of intermediary
1
2 337 metabolism, adipose deposition and inflammation [28] and changes in gut microbiota that
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4 338 contributes towards the obese state [29–32]. Changes in community structure in the obese
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7 339 mice were detected by alterations of diversity metrics and these were altered by etifoxine
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10 340 treatment to give values between the HFD and Control groups. The taxonomic profiles of the
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12 341 Control, Obese and Etifoxine groups show distinct differences but detecting changes in
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14 342 abundance of individual taxa in complex bacterial communities is difficult and cannot be
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17 343 reliably determined by simple relative abundance. However, it has been suggested that such
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19 344 problems can be overcome by seeking subsets of taxa that are co-associated with an
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22 345 experimental parameter and employing the idea of proportions or ‘balances’ [33]. Using the
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24 346 Differential Abundance module in QIIME 2, differences between all three groups were found
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26 347 providing further evidence that the etifoxine administration was able to influence bacterial
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29 348 community structure. Thus log differences between values of the abundance ratio between
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31 349 each group indicate that taxa in the denominator species-set must be more abundant in the
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34 350 HFD than HFD+E in which they must be more abundant than in Control. Alternatively the
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36 351 numerator species-set must be in the order Control > HFD+E > HFD.

40 352 ***4.2. Serum cholesterol and TGs***

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43 353 Cholesterol was diminished to control levels in the blood plasma of the HFD+E animals. One
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45 354 target of etifoxine action is TSPO, in the outer mitochondrial membrane, and that stimulates
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48 355 cholesterol transit. This would allow an elevation of cholesterol metabolism to bile acids via
49
50 356 the mitochondrial *cyp27a1*. Obesity is associated with mitochondrial disruption and a block of
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52
53 357 the differentiation of preadipocytes, processes which can be reversed by TSPO activators. PK
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55 358 11195 and Ro5-4864 are other TSPO activators and elicit in adipose differentiation of
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58 359 preadipocytes [14] with improved glucose regulation and weight loss in obese mice [14,34].
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360 Etifoxine binds to the same site on TSPO as Ro5-4864 [35] so we assume its activity in our
361 model operates in the same way. Etifoxine has also been shown to affect insulin signalling
362 molecules by exacerbating insulin resistance but reversing lipid accumulation caused by
363 infection with Hepatitis C-related virus [36]. The safety of etifoxine for therapeutic use has
364 long, been questioned and was recently high-lighted by a French retrospective study
365 identifying a number of adverse effects including hepatitis in some cases [18].

366
367 Both *abca1* and *abcg1* are responsible for cholesterol efflux in reverse cholesterol transport
368 (RCT), which moves excess cholesterol from peripheral tissues via the plasma to the liver,
369 where cholesterol can be directly released into the bile or be metabolised into bile acids by
370 *cyp7a1* and *cyp27a1* [37]. Previous work shows that TSPO ligands promote cholesterol efflux
371 in macrophages, retinal pigment epithelial and choroidal endothelial cells and upregulated
372 expression of RCT component genes [19,38,39]. However, the effect of the TSPO ligand,
373 Etifoxine on expression of RCT genes in liver was different from that seen in peripheral
374 tissues including macrophage and retinal cells, possibly because the liver is the main
375 cholesterol-synthesizing tissue in the body. Our earlier work demonstrates that Etifoxine
376 suppresses oxidized LDL-induced inflammation by decreasing the secretion of
377 proinflammatory cytokines [39]. Here we also found decreased levels of hepatic transcripts
378 for proinflammatory cytokines, TNF α and IL-18.

4.3. *The imputed functional microbiome*

380 Treatment with etifoxine appears to have signalled an alteration of the gut microbiome and
381 changes of composition of gut bacterial taxa will have important consequences on metabolic
382 potential. Bacteria of the gut microbiome interact with each other and the host through small
383 molecules produced as end-products of metabolic pathways. We have found a number of such

384 signallers that potentially would influence the metabolism of cholesterol and inflammatory
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2 385 factors.

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7 387 Butanoate is one such product and has a crucial role in colonic epithelial cells by supplying an
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9 388 energy source and increasing cell proliferation. Here imputed butanoate production is
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11 389 increased in HFD+E, from a low level in HFD, to levels similar to those of CD. Butanoate-
12
13 390 producing bacteria such as unidentified taxa from *Clostridiales* order and families of
14
15 391 *Lachnospiraceae*, *Peptostreptococcaceae*, *Ruminococcaceae* and *S24-7* are increased after
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17 392 etifoxine treatment. One of the benefits of butanoate is to protect the host through increased
18
19 393 mucin production that maintains the intestinal mucosal surface as a protective intestinal
20
21 394 barrier [40,41] from pathogenic organisms and inflammatory bacterial products [42] and by
22
23 395 enhancing tight junction integrity in response to injury. Other benefits of butanoate include
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25 396 inhibition of the production of proinflammatory cytokines [40,41] and inhibition of the
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27 397 synthesis of cholesterol by colonocytes [43] [44].
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36 399 Another imputed signalling molecule influenced by etifoxine is sphingolipid. Seven KEGG
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38 400 orthologous enzymes were imputed to be significantly higher in CD and HFD+E vs HFD and
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40 401 different bacteria were involved in these changes (Figure 7). Each of these enzymes is
41
42 402 involved in the conversion of glucosylceramide and galactosylceramide to ceramide (N-
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44 403 acylsphingosine) the main precursor of sphingosine. Recent work has demonstrated a
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46 404 sphingolipid-responsive colonic GPC receptor, S1PR4, whose endogenous ligand is
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48 405 sphingosine-1-phosphate [45].
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55 407 In common with others [3], we find that the high-fat diet of the HFD group increases the
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57 408 imputed production of bacterial virulence factors including toxins, invasion factors and LPS
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409 while these effects are reversed or partially reversed in the HFD+E group. Decreased
1
2 410 abundance of commensal organisms in HFD animals would provide opportunities for
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4 411 colonisation by other potentially pathogenic organisms and indeed obesity has been linked to
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7 412 the risk of developing *C. difficile* infection [47,48]. In general the production of the virulence
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10 413 factors were elevated in the HFD group such as the bacterial exotoxin cAMP-factor,
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12 414 associated with obesity-driven production of interleukin IL-1 β [49,50] and release of
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14 415 proinflammatory cytokines [51]. An increase in the production of toxin A and B from *C.*
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16
17 416 *difficile* is also noted in the HFD group (K11063). This species is a member of the
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19 417 *Peptostreptococcaceae* family and an increase of abundance of unclassified species of
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21
22 418 *Peptostreptococcaceae* result in endothelial dysfunction in obese children and cause the
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24 419 secretion of interleukin (IL-1) and TNF- α [52,53]. A number of imputed activities associated
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26
27 420 with invasion of epithelial cells (K13735) were also elevated in HFD but decreased in
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29 421 etifoxine-treated animals. *Pelagibacteraceae* and *Enterobacteriaceae* produce adhesin/
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31 422 invasins (yeeJ; K13735), the adhesion factor in *E. coli* that contributes to colonisation and the
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34 423 promotion of biofilm formation [54] and the increased presence of this gene in the HFD group
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36 424 further supports the view that this diet may support colonisation with pathogenic bacterial
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39 425 species. Here we also find an increase in the capacity of the bacterial community of the Obese
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41 426 to modify LPS and this effect is reversed by etifoxine. On the other hand decreased
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44 427 rhamnosyltransferase in HFD vs both HFD+E and CD may contribute to inflammation. The
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46 428 product of this enzyme is involved in quorum sensing that provides cell-cell communication
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49 429 within species of bacteria and between different genera [55] and preserves commensal
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51 430 bacteria and resistance to infectious diseases in the GI [56].
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431 **4.4. How does etifoxine affect gut microbiota?**

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2 432 Few studies have investigated the effects of drugs on gut microbiota other than by direct
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5 433 dietary provision [57–59] but here we find that bacterial communities are affected by the i.p.
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7 434 administration of etifoxine and metabolic functional potential would be altered raising the
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10 435 question of the mechanism behind this effect.

11
12 436 We had expected to discover the significant interplay between cholesterol metabolism
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14 437 in the host with bile acids in the gut since these influence the composition of gut bacterial
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17 438 communities [60]. Although distinctions were found between groups and some KEGG
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19 439 orthologous enzymes, there was no difference at the pathway level. Another possible
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22 440 explanation of the indirect effect on gut microbiota is that metabolites of etifoxine influence
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24 441 the communities. Etifoxine is metabolised in the liver by de-ethylation, oxidation and
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27 442 subsequent glucuronidation [61]. It is likely that the action of bacterial β -glucuronidase will
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29 443 release glucuronide and an etifoxine metabolite (desethyl hydroxyl etifoxine). Either may play
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32 444 a role in reshaping the bacterial communities by the provision of an energy source and by
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34 445 unknown signalling from the aglycone. Significantly with regard to these suggestions imputed
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37 446 β -glucuronidase activity was found to be lower in HFD than in CD or HFD+E and taxa of
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39 447 *Clostridiales* and *Lachnospiraceae* appear to make a higher contribution to these activities.
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41
42 448 The importance of bacterial β -glucuronidase action in weight loss has been previously
43
44 449 referred to [62].

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46
47 450 In conclusion, etifoxine reverses weight gain in a mouse model of obesity and effects
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49 451 on host and gut microbiota contribute to this as would be, imputed, improved lipid
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52 452 metabolism and decreased production of virulence factors. In our model obesity was
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54 453 associated with decreased signalling to the gut by butanoate and sphingolipids but increased
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57 454 production of inflammatory agents and lipids usable for host metabolism. We propose that
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59 455 signalling from host to bacteria is mediated in part by etifoxine glucuronide which is a
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1
2 456 substrate for bacterial glucuronidases and which provides an energy source for differential
3 bacterial replication.

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10
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12
13 461 QIIME2 and PICRUSt.

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18
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22
23 464 **Author's contributions**

24
25 465 XS designed the study; LB and KSI conducted the experiments; JAC conducted the bioinformatics;
26
27 466 JAC, LB and KSI analysed the data and wrote the manuscript; XS, KSI, JS and JAC reviewed the
28
29 467 manuscript.
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33 468 **Declarations**

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35 469 **Ethical approval** Experiments were conducted under the UK Home Office Animal Care regulations
36
37 470 and the experimental procedures were authorised by the University of Strathclyde Animal Welfare
38
39 471 Authority (Project licence P8C815DC9).
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42 472 **Consent for publication.** The document does not contain any personalized images or information
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44 473 **Data availability**

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46 474 Sequence data with associated metadata is available at SRA (<https://www.ncbi.nlm.nih.gov/sra>)
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48 475 PRJNA596121. All of the scripts used are publically available at QIIME2 (<https://qiime2.org/>), at
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50 476 PICRUSt (<http://picrust.github.io/picrust/>) and through publications cited here. Any other aspect of
51
52 477 the data or analysis resulting from the current study that are not shown will be made available by the
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54 478 corresponding author on reasonable request.
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479 **Disclosure of Potential Conflicts of Interest**

1
2 480 No potential conflicts of interest were disclosed.

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695 **Legends for Figures**

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3 696 Figure 1: Effects of high-fat diet and subsequent administration of etifoxine on body weight,
4 697 serum lipids and hepatic transcripts

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6
7 698 Weight gain by mice on a control or high-fat diet during the initial phase of the experiment (a)
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9 699 and subsequent phase when etifoxine was administered to a group of the HFD animals (b).
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11 700 Serum total cholesterol (mg/dL) (c) and total triglyceride (mg/dL) (d) at the end of the
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13 701 experiment and relative expression of hepatic transcripts of cholesterol related genes (e) and
14
15 702 inflammatory cytokines (d) in Control Diet, CD; High-fat diet, HFD; and High-fat diet +
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17 703 etifoxine, HFD+E (n= 6/group) One-way ANOVA followed by Tukey's multiple comparisons
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19 704 test a, b, c and d; Kruskal-Wallis followed by Dunn's multiple comparisons test e and f; and d
20 705 * $\&\#p<0.05$. ** $\&\#\#p<0.01$, and *** $\&\#\#\#p<0.001$.

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23 706 Figure 2: Bacterial taxonomy of the three experimental groups.

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26 707 Bacterial abundance (mean %, n= 6/group) of colon samples at level of phyla (a), the ratio of
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28 708 Firmicutes/ Bacteroides (b) and at the level of species (c) of the gut metagenome. Keys;
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30 709 Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine, HFD+E. Kruskal-Wallis
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32 710 a and c; One-way ANOVA b; * $\&\#p<0.05$. ** $\&\#\#p<0.01$, and *** $\&\#\#\#p<0.001$.

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34 711 Figure 3: Bacterial α - and β -diversity and differential abundance of taxa based on balances
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36 712 metrics in bacterial communities among the three groups

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39 713 The Kruskal-Wallis test was used (n= 6/group) to determine the relationship of α -diversity
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41 714 metrics between the microbiome of the mice groups; observed_otus (a) and chao1 (b).
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43 715 Differences of β -diversity in bacterial communities between groups were conducted by 3D
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45 716 PCoA with Bray Curtis (c), and weighted unifrac (d). Differential abundance of taxa based on
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47 717 balances metrics between the three groups; log ratio of balance (e), and detail of taxonomy
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49 718 (f). Keys; Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine, HFD+E. Blue=
50 719 CD; Red= HFD and Green=HFD+E.

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53 720 Figure 4: PICRUSt analysis of the functional metabolic potential of the microbiome of each
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55 721 group

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57 722 The Kruskal-Wallis test followed by Dunn's multiple comparisons test (n= 6/group), pair-wise
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59 723 comparison, was used to estimate the significant differences of relative abundance of all of
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724 KEGG Pathway at level 3. Significant differences of these pathways were found in 39
1 725 pathways * $p < 0.05$ and ** $p < 0.01$.

4 726 Figure 5: Metagenomic analysis of butanoate metabolism [PATH: ko00650].

7 727 Imputed activities of orthologous enzymes for each group were evaluated by PICRUSt (a).
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9 728 The Kruskal-Wallis followed by Dunn's multiple comparisons test was used to estimate the
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11 729 significance between groups (# & * $p < 0.05$). Metagenomic contributions of organisms to
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13 730 butanoate formation by butyrate kinase [EC:2.7.2.7]) (b) and phosphate butyryl-transferase
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15 731 [EC:2.3.1.19]) (c). Keys; Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine,
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17 732 HFD+E.

19 733 Figure 6: Metagenomic analysis of lipid metabolism.

22 734 Imputed activities of lipid metabolism for each group ($n=6$ /group) were evaluated at level 2
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24 735 by PICRUSt (a) and of orthologous enzymes for ketone body metabolism [PATH:ko00072] at
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26 736 level 3 (b). One-way ANOVA followed by Tukey's multiple comparisons test for a and the
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28 737 Kruskal-Wallis followed by Dunn's multiple comparisons test for b was used to estimate the
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30 738 significance between groups (# & * $p < 0.05$). Keys; Control Diet, CD; High-fat diet, HFD;
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32 739 and High-fat diet + etifoxine, HFD+E.

34 740 Figure 7: Expression of imputed bacterial enzyme contributions of the sphingolipid pathway

37 741 The pathway of sphingolipid metabolism [PATH: ko00600] is shown (a) along with imputed
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39 742 metabolic contributions of organisms in the three groups ($n= 6$ /group) to individual reactions
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41 743 (b).

44 744 Figure 8: Metagenomic analysis of the production of virulence factors and bile acids.

47 745 Imputed contributions from organisms to the production of toxins (a), of epithelial cell
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49 746 invasion [PATH: ko05100] (b), of lipopolysaccharide (LPS) synthesis (c) and to the
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51 747 biosynthesis of secondary bile acids [PATH: ko00121] (d) were evaluated by PICRUSt.
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53 748 Kruskal-Wallis followed by Dunn's multiple comparisons test ($n= 6$ /group) was used to
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55 749 estimate the differences between groups. Keys; Control Diet, CD; High-fat diet, HFD; and
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57 750 High-fat diet + etifoxine, HFD+E.

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752 Figure 9: Comparison of groups in imputed levels of drug metabolism – (other enzymes)
1 753 [PATH:ko00983]
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4 754 Imputed activities of drug metabolism for each group (n=6/group) were evaluated at level 2
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6 755 by PICRUS_t (a) and of metagenomic contributions of organisms to beta-glucuronidase
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8 756 activity. The Mann Kruskal-Wallis followed by Dunn's multiple comparisons test, was used
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10 757 to estimate the significant differences *p<0.05.
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13 **758 Legends for Tables**
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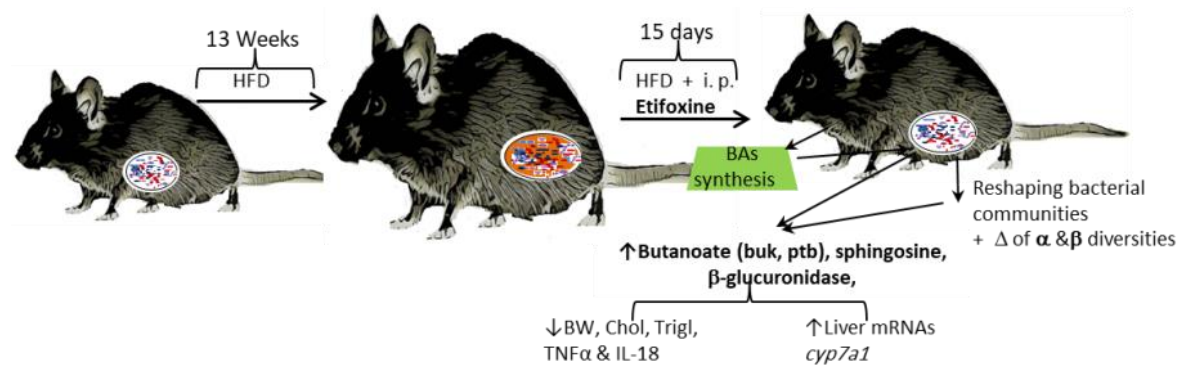
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18 760 Table 1: Primers used for qRT-PCR for hepatic transcript analysis
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23 762 Table 1: Total counts for raw and trimmed reads
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25 763 Basic statistics for sequencing results of the 16S rRNA gene fragments.
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Graphic abstract

Author's contributions

XS designed the study; LB and KSI conducted the experiments; JAC conducted the bioinformatics; JAC, LB and KSI analysed the data and wrote the manuscript; XS, KSI, JS and JAC reviewed the manuscript.

Table 1: Primers used for qRT-PCR for hepatic transcript analysis

Gene	Forward Primer (5'-3')	Reverse Primer (3'-5')
β -actin	CTCTAGACTTCGAGCAGGAGAT	CAGCACTGTGTTGGCATAGA
IL-1 β	CAGGCAGGCAGTATCACTCA	AGCTCATATGGGTCCGACAG
TNF- α	ACGTGGAAGTGGCAGAAGAG	AGGGTCTGGGCCATAGAAGT
IL-18	GAAGAAAATGGAGACCTGG	TTCACAGAGAGGGTCACA
LXR α	CCCTAGCCTTTCCCAAATTGC	CGGAAGAATCCCTTGCAACC
<i>abca1</i>	AGTTTCGGTATGGCGGGTTT	AGCATGCCAGCCCTTGTTAT
<i>abcg1</i>	ACCTACCACAACCCAGCAGACTTT	GGTGCCAAAGAAACGGGTTACAT
<i>cyp27a1</i>	GCCTTGACACAAGGAAGTGACT	CGCAGGGTCTCCTTAATCACA
<i>cyp7a1</i>	TGGGCATCTCAAGCAAACAC	TCATTGCTTCAGGGCTCCTG

Table 2: Total counts for raw and trimmed reads

Sample Name	Raw total reads	Raw read pairs	Adapter clipped total	Adapter dipped	Primer clipped total reads	Primer clipped read pairs
CD 1	223048	111524	223048	111524	220698	110349
CD 2	217254	108627	217248	108624	214374	107187
CD 3	207266	103633	207266	103633	204949	102474
CD 4	235744	117872	235734	117867	233198	116599
CD 5	151762	75881	151762	75881	149742	74871
CD 6	206152	103076	206150	103075	202560	101280
HFD 1	128016	64008	127980	63990	125876	62938
HFD 2	64408	32204	64396	32198	63312	31656
HFD 3	188408	94204	188396	94198	185772	92886
HFD 4	196682	98341	196678	98339	191436	95718
HFD 5	137236	68618	136832	68416	132098	66049
HFD 6	245610	122805	245600	122800	242728	121364
HFD+E 1	189798	94899	189792	94896	187580	93790
HFD+E 2	269894	134947	269810	134905	258506	129253
HFD+E 3	272564	136282	272560	136280	269330	134665
HFD+E 4	255722	112861	225722	112861	223344	111672
HFD+E 5	265004	132502	264912	132456	261238	130619
HFD+E 6	211918	105959	211914	105957	209224	104612

Keys: HFD+E=High fat diet + etifoxine, HFD = High fat diet and CD = Control

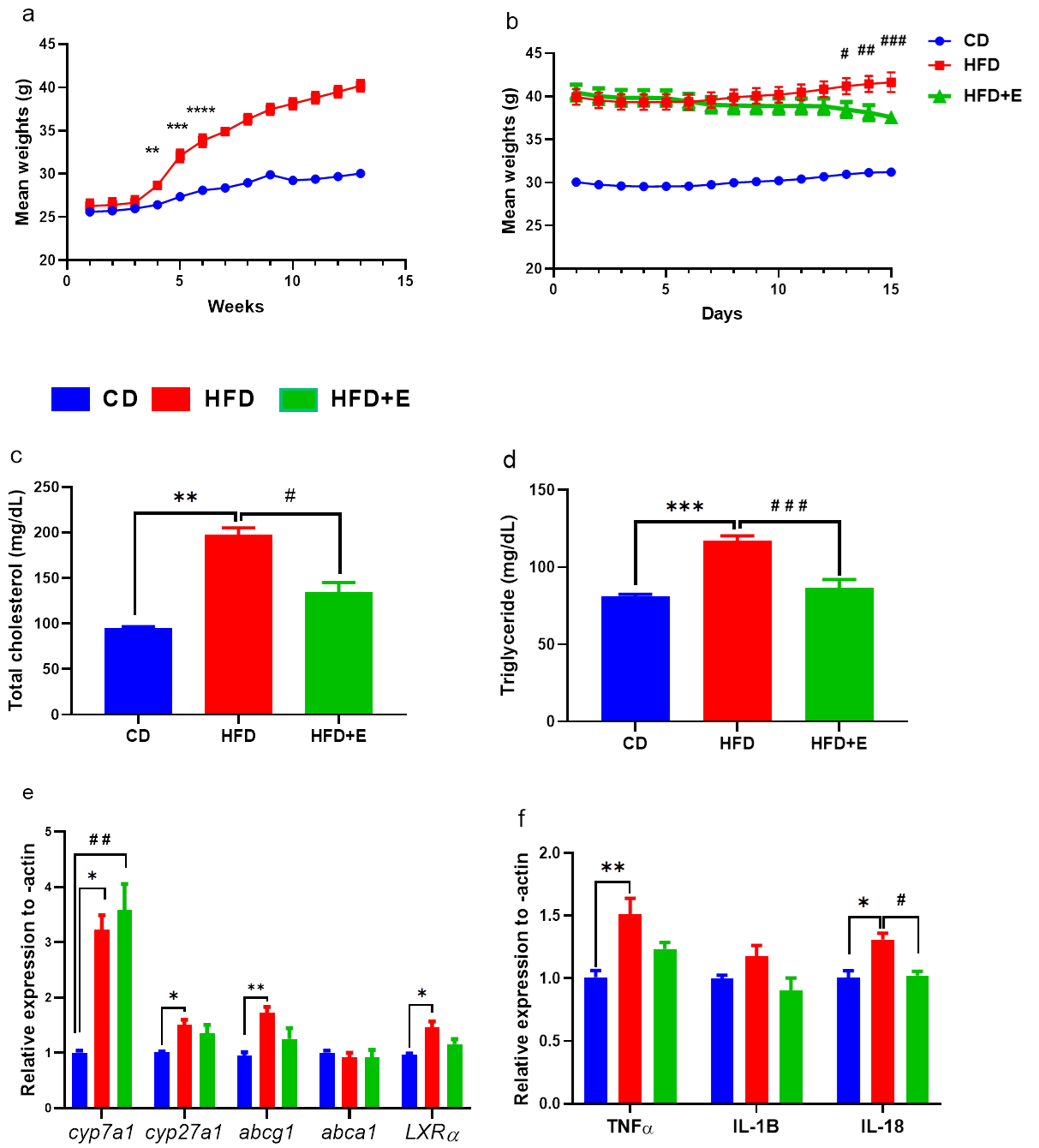


Figure 1

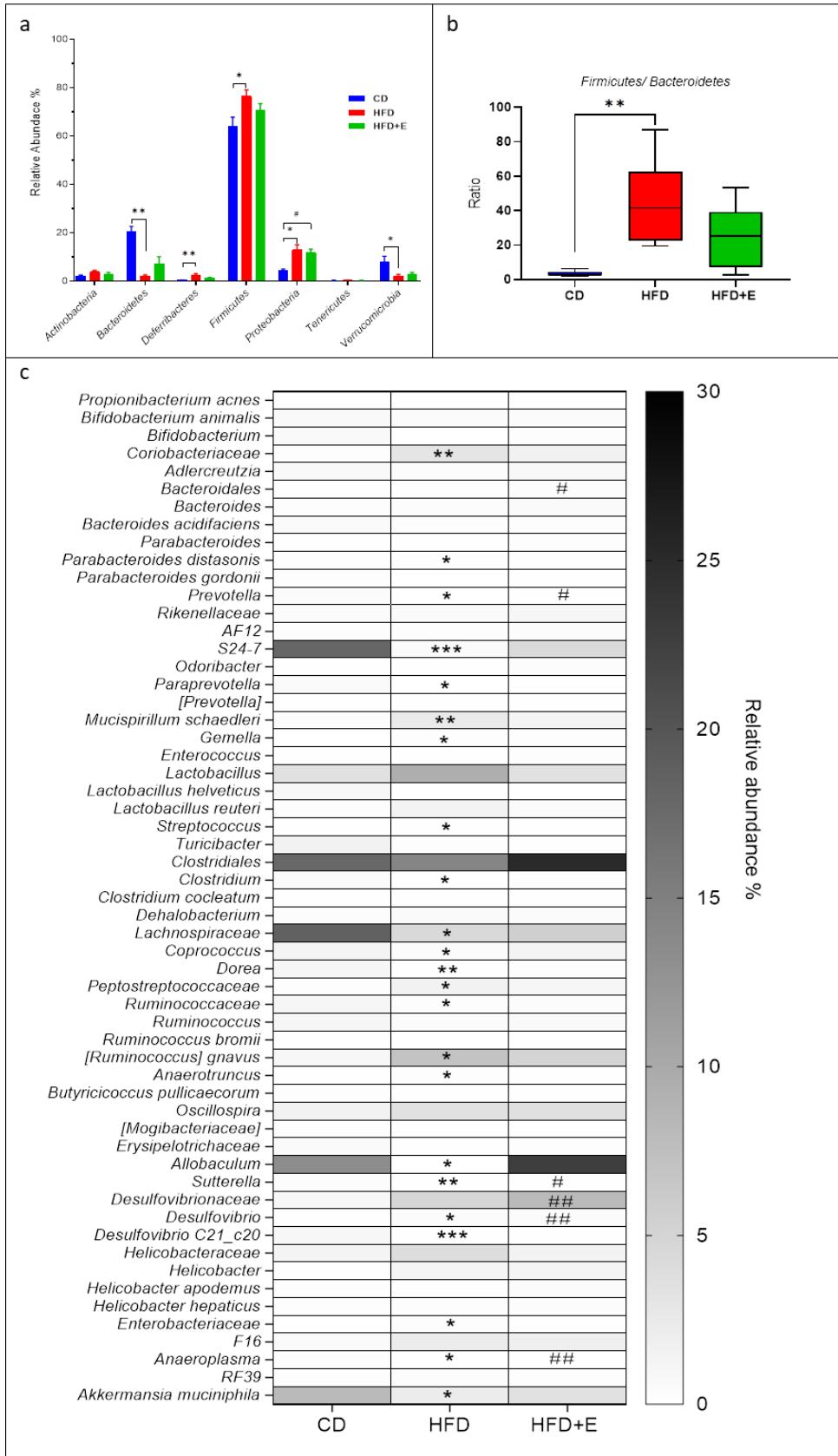


Figure 2

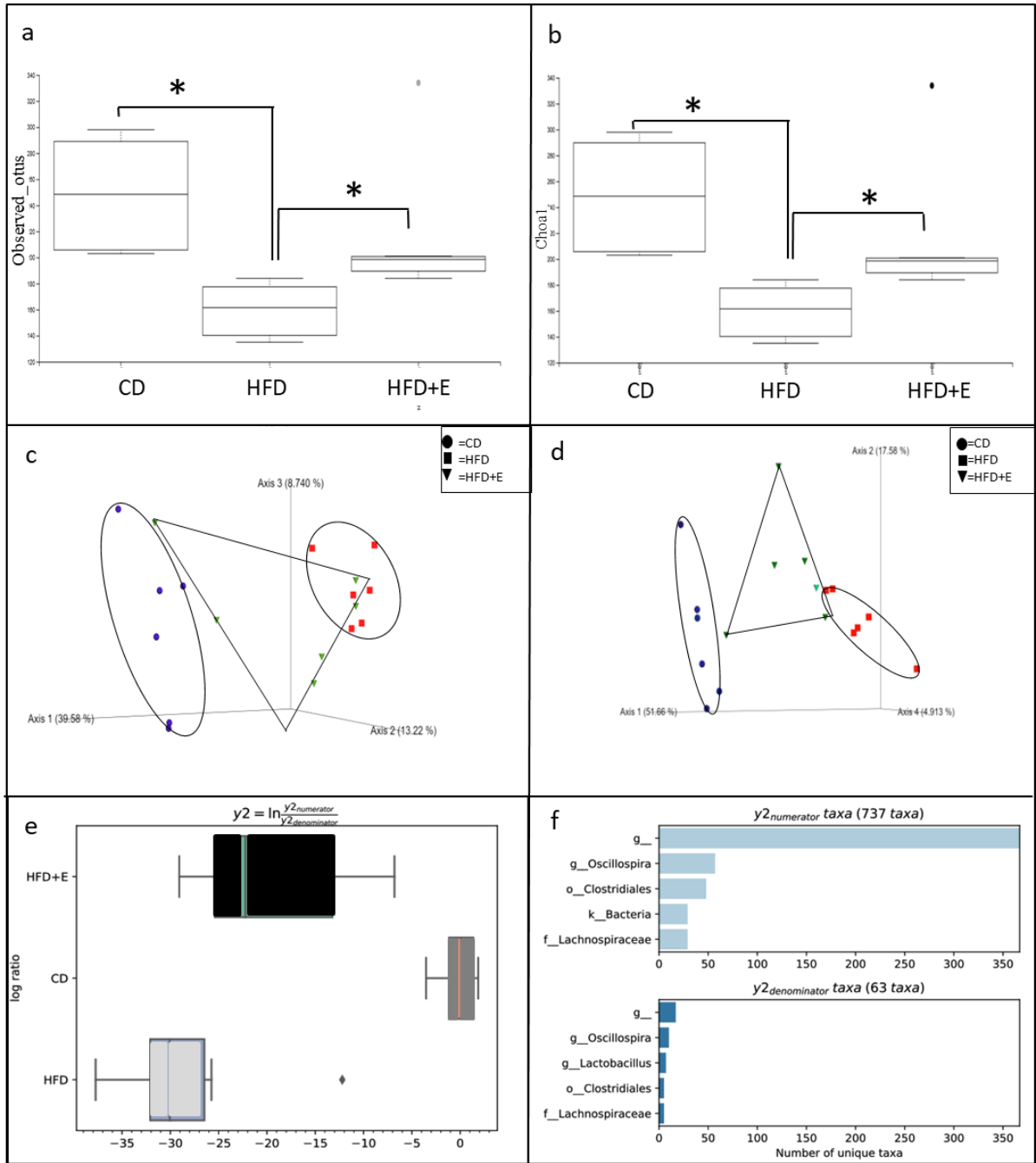


Figure 3

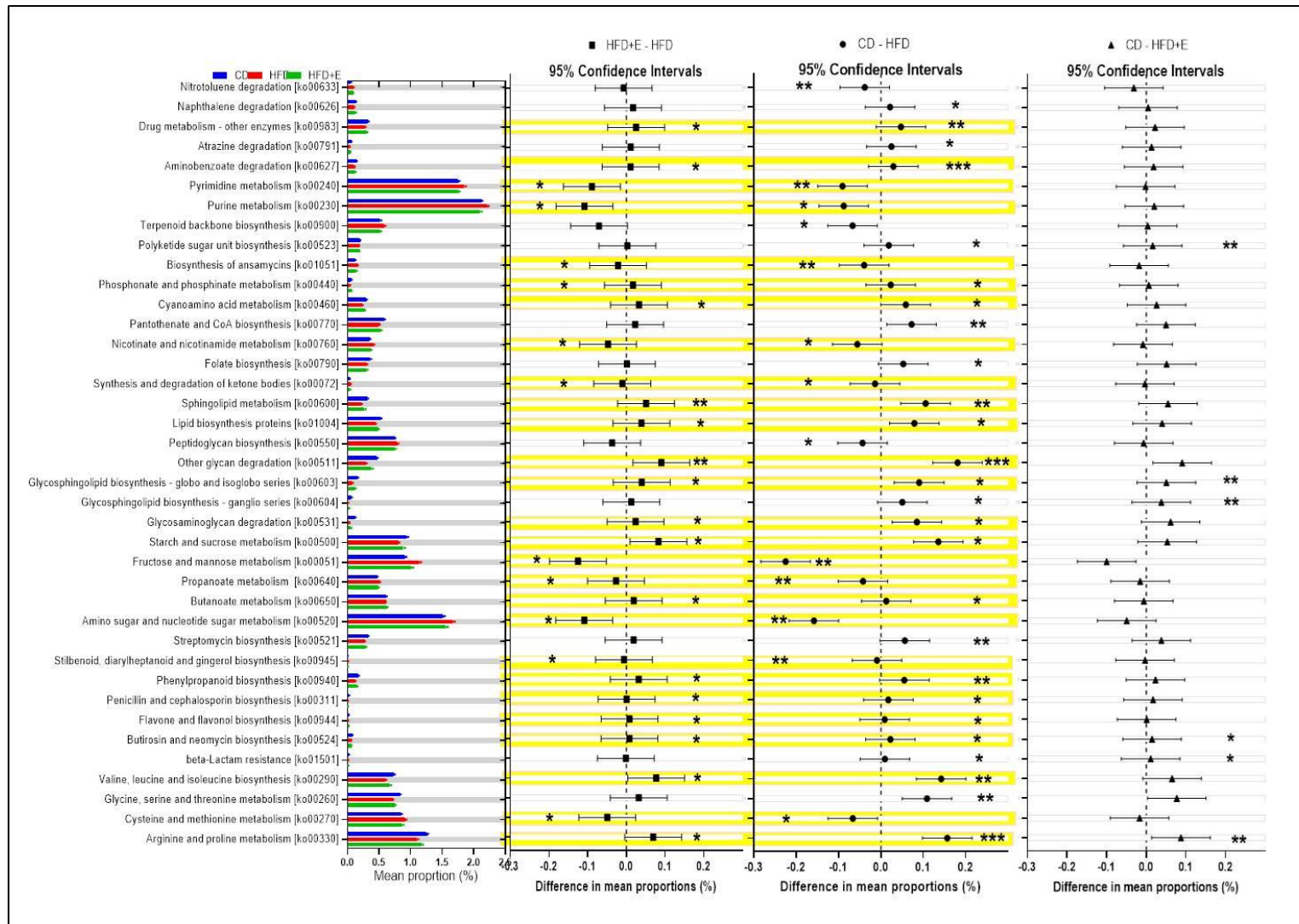


Figure 4

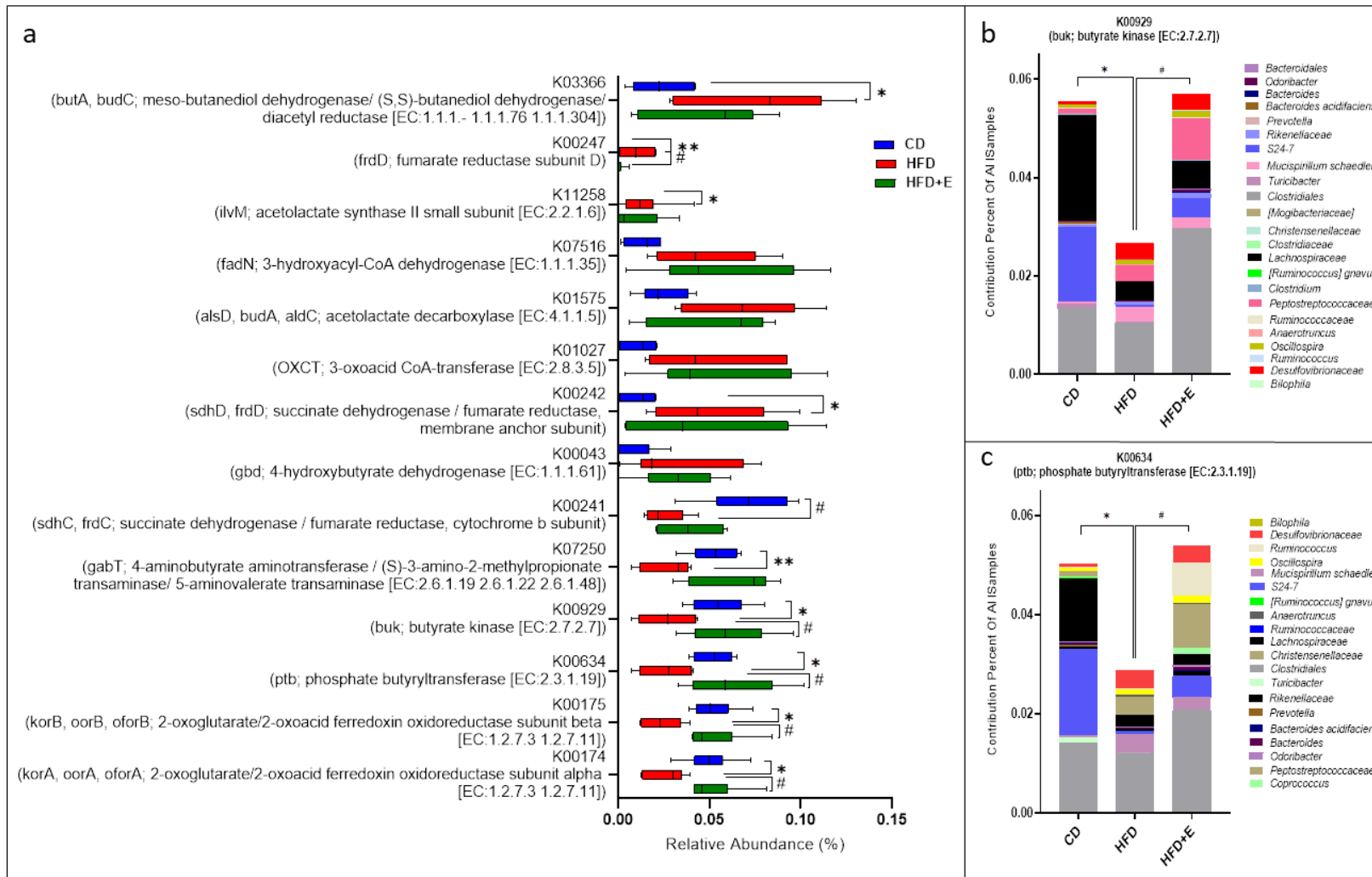


Figure 5

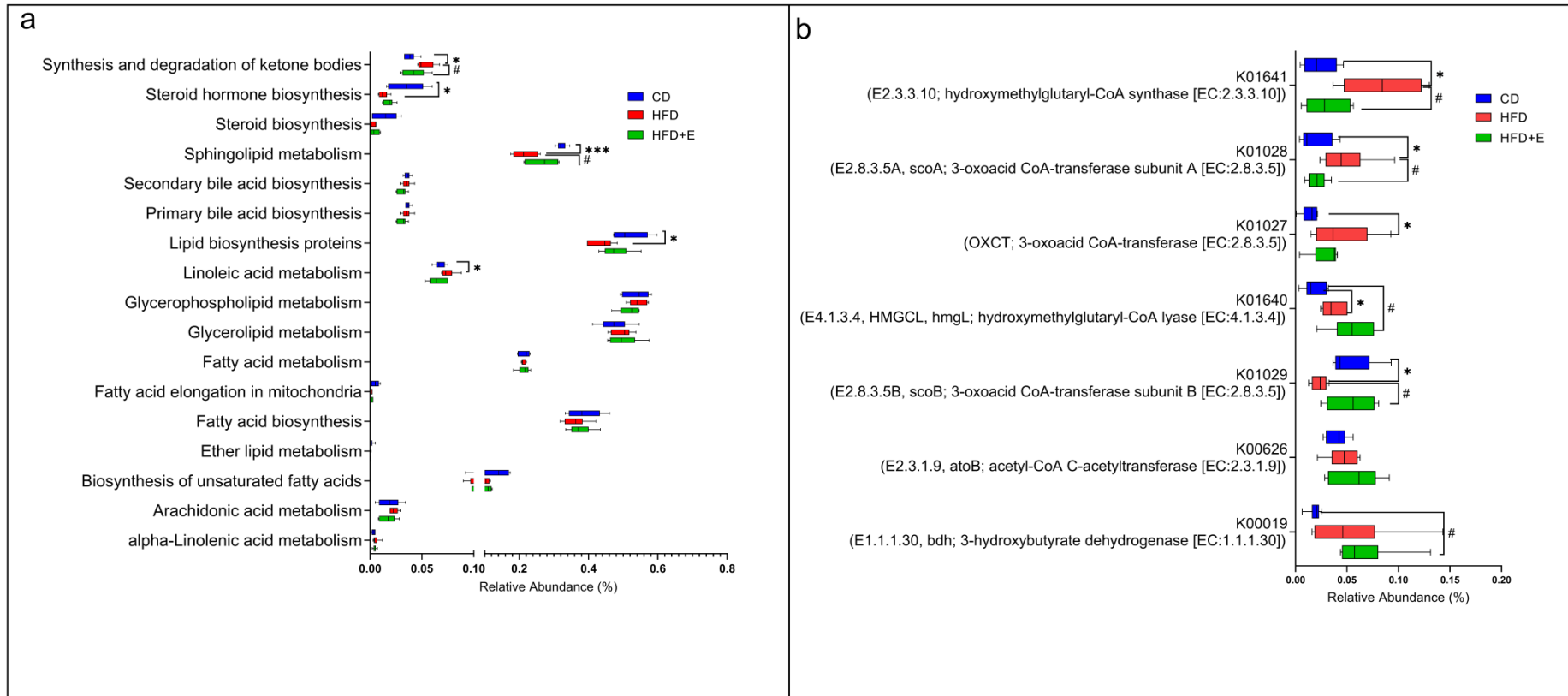


Figure 6

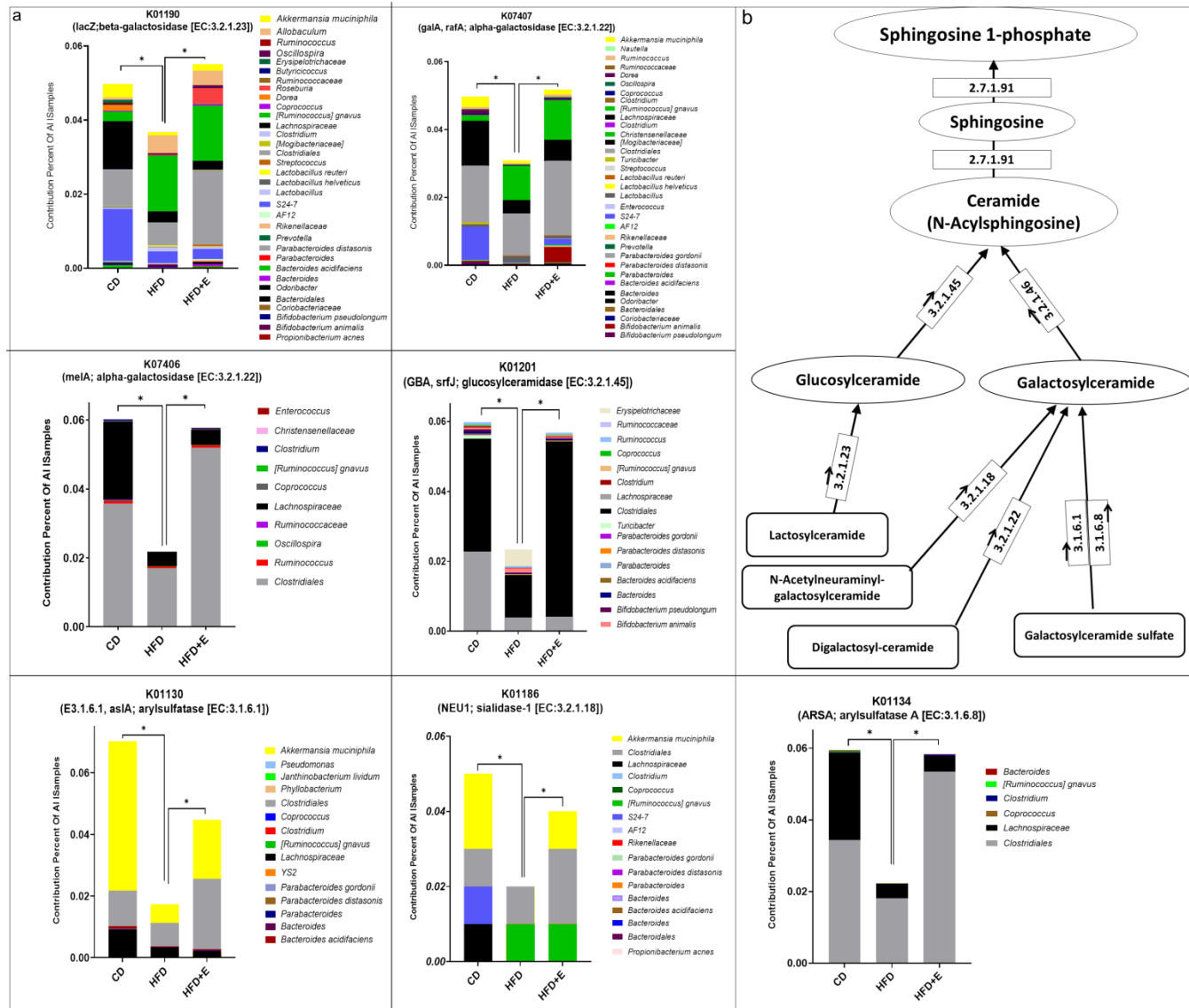


Figure 7

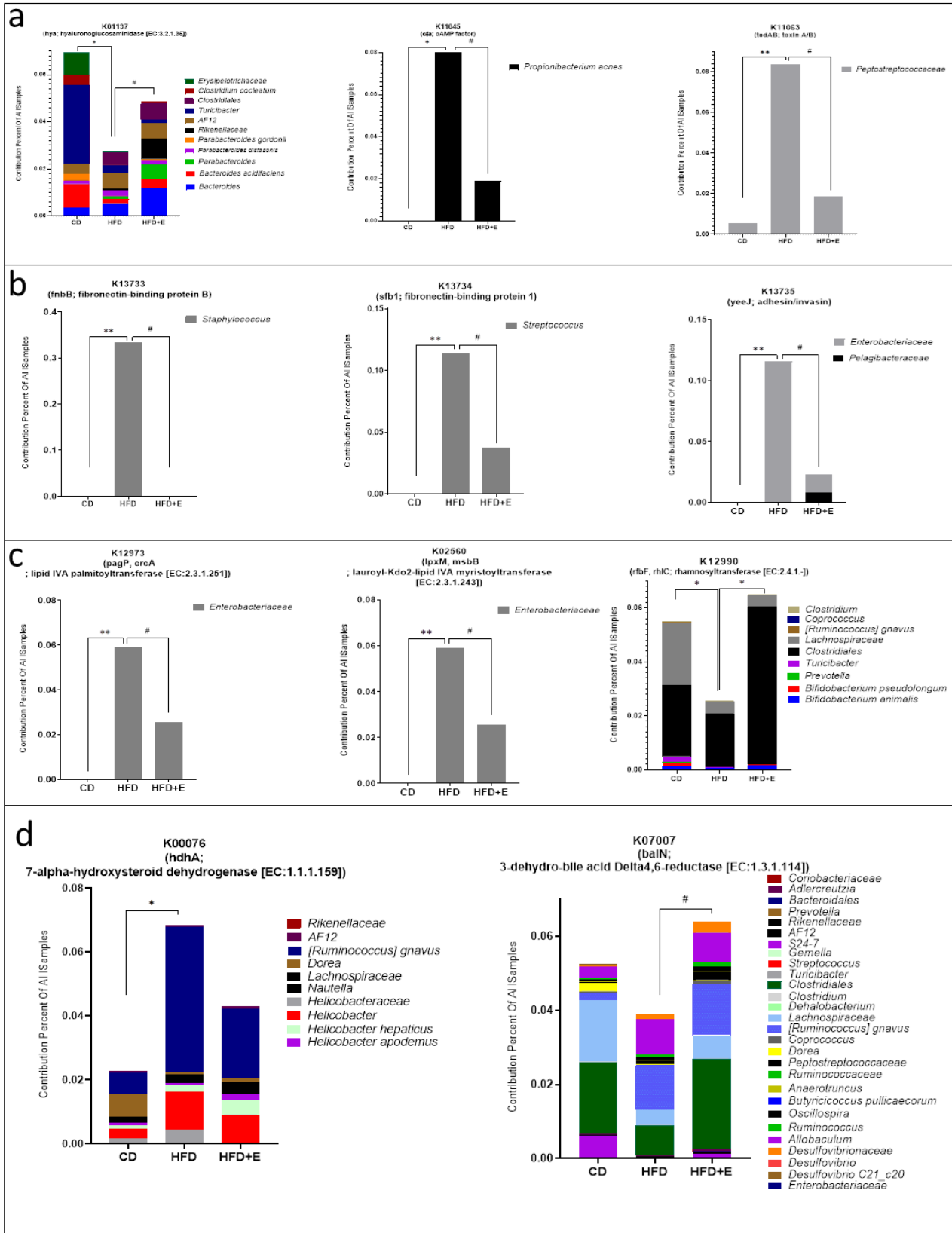


Figure 8

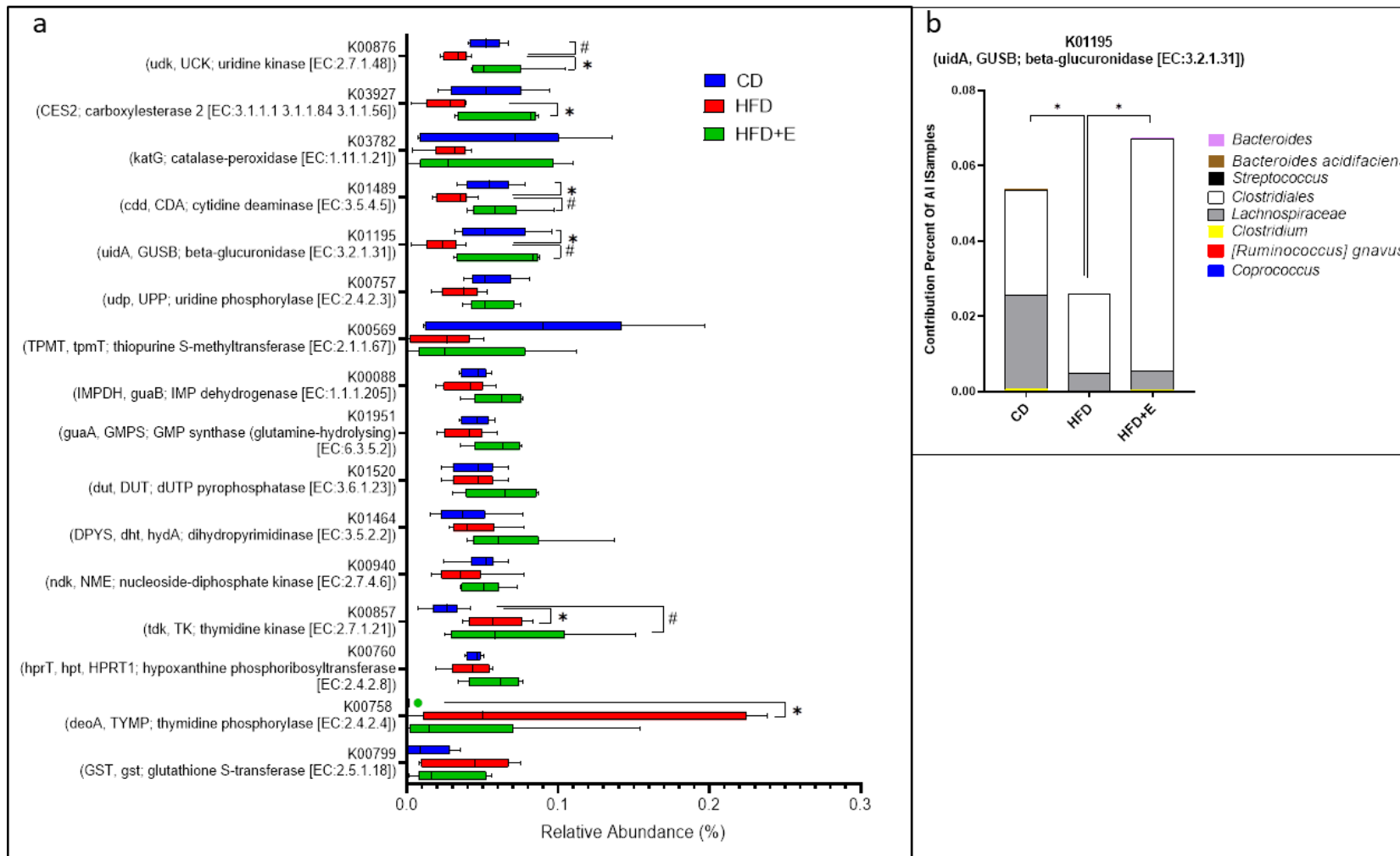


Figure 9