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Ibrahim, Khalid S.; Craft, John A.; Biswas, Lincoln; Spencer, Janice; Shu, Xinhua

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Corresponding Author:	KHALID S IBRAHIM, Ph.D. Glasgow Caledonian University Department of Biological and Biomedical Sciences Glasgow, UNITED KINGDOM
First Author:	KHALID S IBRAHIM, Ph.D.
Order of Authors:	KHALID S IBRAHIM, Ph.D.
	John A Craft, BSc, PhD
	Lincoln Biswas, BHMS, MSc, PhD
	Janice Spencer, BSc (Hons), PhD
	Xinhua Shu, PhD
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Khalid S Ibrahim^{1,3,*,#}, John A Craft^{1,*}, Lincoln Biswas¹, Janice Spencer¹ and Xinhua Shu^{1,2,#}

¹ *Department of Biological and Biomedical Sciences, Glasgow Caledonian University, Glasgow, UK*

² *Department of Vision Science, Glasgow Caledonian University, Glasgow, UK*

³ *Department of Biology, Faculty of Science, University of Zakho, Kurdistan Region, Iraq.*

*Joint first authors,

Email addresses

KS Ibrahim KhalidSubhi.Ibrahim@gcu.ac.uk

JA Craft j.a.craft@gcu.ac.uk

L Biswas Lincoln.Biswas@gcu.ac.uk

J Spencer Janice.Spencer@gcu.ac.uk

X Shu Xinhua.Shu@gcu.ac.uk

#Corresponding authors.

Khalid S. Ibrahim, Glasgow Caledonian University, Glasgow, G4 0BA, United Kingdom.

Tel: +447762060899; E-mail: KhalidSubhi.Ibrahim@gcu.ac.uk : Xinhua Shu, Glasgow

Caledonian University, Glasgow G4 0BA, United Kingdom. Tel: 0044 141 3318763; Email:

Xinhua.Shu@gcu.ac.uk

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Abstract

Obesity is intimately associated with diet and dysbiosis of gut microorganisms but anxiolytics, widely used in treatment of psychiatric conditions, frequently result in weight gain and associated metabolic disorders. We are interested in effects of the anxiolytic Etifoxine, which has not been studied with respect to weight gain or effects on gut microorganisms. Here we induced obesity in mice by feeding a high-fat diet but found that intraperitoneal administration of Etifoxine resulted in weight loss and decreased serum cholesterol and triglycerides. Obese mice had increased hepatic transcripts associated with lipid metabolism (*cyp7a1*, *cyp27a1*, *abcg1* and *LXRα*) and inflammatory factors (TNFα and IL18) but these effects were reversed after Etifoxine treatment other than *cyp7a1*. Taxonomic profiles of the organisms from the caecum were generated by 16S rRNA gene sequencing and Obese and Etifoxine mice show differences by diversity metrics, Differential Abundance and functional metagenomics. Organisms in genus *Oscillospira* and genera from *Lachnospiraceae* family and *Clostridiales* order are higher in Control than Obese and at intermediate levels with Etifoxine treatment. With respect to community metabolic potential, Etifoxine mice have characteristics similar to Control and particularly with respect to metabolism of butanoate, sphingolipid, lipid biosynthesis and xenobiotic metabolism. We suggest mechanisms whereby Etifoxine influences processes of host, such as on bile acid synthesis, and microbiota, such as signalling from production of butanoate and sphingosine, resulting in decreased cholesterol, lipids and inflammatory factors. We speculate that the indirect effect of Etifoxine on microbial composition is mediated by microbial β-glucuronidases that metabolise excreted Etifoxine glucuronides.

Keywords: Etifoxine; Obesity; weight-loss; colonic microbiome colonic microbial functionality; QIIME 2; PICRUST

1. Introduction

The use of many antipsychotic drugs is compromised by side-effects of obesity [1] and associated metabolic syndromes resulting in increased morbidity and mortality [2]. Obesity and associated metabolic disorders are a global health concern and causes of obesity are complex, but it is widely accepted that diets rich in fat and meat-derived proteins, typical of the Western hemisphere, are a major cause [3]. Indeed, the large surges in obesity in many developing countries seen in recent decades can be attributed to a shift from a vegetable-rich diet to a more Western-style diet. Appetite and food intake are under complex genetic control involving the interaction of hormones responding to dietary metabolites, neuro-endocrines and gut-produced incretins and Western-style diets appear to be able to over-ride these controls [4,5]. The reasons why antipsychotics cause obesity are largely unknown and here we investigate the effects of etifoxine, an antipsychotic that has not previously been assessed in this respect.

Obesity is associated with dramatic changes of the gut microbiota from communities typical of the lean state [7]. Animals are host to complex communities of microorganisms in the gut that play a symbiotic role in well-being in which reciprocal signalling between host and microbiome are significant [6]. It is postulated that bacterial dysbiosis results in alterations of the two-way provision and nature of signalling between host and bacteria. Increased production of energy-producing products, of inflammatory products and of bacterial toxins along with decreased production of mucin-producing stimulants are significant in the onset of obesity [8]. An example of two-way signalling is provided by bile acids which are inter-related to host cholesterol homeostasis. Excess cholesterol is converted to primary bile acids in the liver and these may be converted by gut bacteria to secondary bile acids. In the liver of mice, bile acid synthesis is initiated principally by *cyp7a1* but also by mitochondrial *cyp27a1*

to produce taurine-conjugated muricholic acid, stored in the gall bladder prior to release to the duodenum upon eating. Secondary bile acids are then formed by microbial de-conjugation in the small intestine and colon. Secondary bile acids regulate expression of host enzymes catalysing rate-limiting steps of cholesterol conversion to bile acids [9,10] and influence the host immune function and regulate gut bacterial composition [11–13]. With respect to cholesterol metabolism, etifoxine acts on the host via the mitochondrial transmembrane translocator (TSPO) to increase cholesterol trafficking and provides protection against oxidative stress, inflammation and cholesterol accumulation [14].

Since etifoxine is likely to be a substrate for hepatic xenobiotic-metabolising systems, the release of drug metabolites into the gastrointestinal tract (GI) has to be considered. The classical route for such processes involves an initial cytochrome P450-mediated oxidation, subsequent conjugation with typically glucuronide or glutathione before the products are trafficked via transporters to the gall bladder and released in the bile stream [15,16]. In our experimental system etifoxine is administered intraperitoneally, so will initially interact with host systems regulating lipid metabolism and drug metabolism.

Here we describe the results of studies of obesity, induced by a high-fat diet, on host and microbiome systems and on the consequences of etifoxine co-administration. A major focus for studies of obesity and altered microbiome has been food composition and to the best of our knowledge, the effects of drugs (other than antibiotics) have not been a major consideration. We postulated that etifoxine would reverse weight gain and increased serum lipids resulting from the diet and that potential effects of etifoxine on gut microbiome composition would have beneficial effects through microbial signalling that interacts with host regulatory systems. These expectations were realised and we present data suggesting a

variety of mechanisms by which etifoxine affects gut microbial communities and microbial signalling that results in weight loss and beneficial effects on the host.

2. Materials and Methods

2.1. Animal Husbandry

The animals used for this study were housed in the Animal Care Unit of the University of Strathclyde, according to the UK Home Office Animal Care regulations and the experimental procedures were authorised by the University of Strathclyde Animal Welfare Authority (Project licence P8C815DC9). C57BL/6 male mice (body weight, 20-25g at the start of the experiment) were used. The mice were randomly divided into three experimental groups, 6 animals per group; two groups were fed with a high-fat diet (HFD, Crude fat 22.3%, Crude protein 19.9%, Crude fibre 3.8%, Ash 5.1%, Carbohydrate 41.1% (w/w); provided by Special Diet Services, UK) while the third group was fed with a standard chow diet (7% simple sugars, 3% fat, 50% polysaccharide, 15% protein (w/w) (Special Diet Services, UK). After 13 weeks, one group of HFD-fed mice were treated daily with etifoxine (50mg/kg), i.p. and the other two groups were treated with 0.1% Tween-80 in saline solution (vehicle of etifoxine) for 15 days after which the mice were sacrificed by anaesthesia (CO₂) and serum and liver collected. Note that the dosage used here is at the low end of that used in human treatment [17,18]. Luminal samples were extracted from the colon adjacent to the caecum and then frozen in dry ice and stored at -80° C until used.

2.2. Bacterial DNA isolation

Genomic DNA was isolated from the colonic samples within one day of collection using the QIAamp DNA Stool Mini Kit (QIAGEN Manchester Limited (UK) following the manufacturer's protocol. Separate isolations were made from individual faecal material (50-150 mg)/animal, then placed in a 2 mL Lysing Matrix E (1.4 ceramic spheres, 0.1 mm silica

spheres and one 4 mm glass bead) microcentrifuge tubes (MP Biochemicals, Strasbourg, France). Tube contents were thoroughly homogenized in ASL Buffer using a FastPrep®-24 Instrument (MP Biomedicals, UK) at 4.5 M second-1 for 60 seconds and homogenization repeated after a rest of 5 mins on ice. A single DNA sample for each individual animal was recovered and stored at -80°C prior to sequencing.

2.3. Serum lipids

Serum lipids were extracted by the manufacturers' protocols. The total cholesterol was assessed by Amplex Red Cholesterol Assay kit (Thermo Fisher, UK), according to the previous publications [19]. For triglyceride concentration determination the sera were examined with the EnzyChrom Triglyceride assay kit (BioAssay System, UK).

2.4. Hepatic Gene expression

The isolation of total RNA and subsequent cDNA synthesis were as described previously [19]. Gene expression was quantified by quantitative real-time polymerase chain reaction (qRT-PCR) using a 5x HOT FIREPol® EvaGreen® qPCR Supermix (Newmarket Scientific, UK) according to the manufacturer's protocols. Briefly, the Ct value was quantified with the Bio-Rad CFX96 Real-Time PCR Detection System (Bio-Rad, UK) under the following conditions: 50°C for 2 min (UDG incubation) followed by an enzyme activation step at 95°C for 2 min and amplification for 40 cycles including DNA denaturation at 95°C for 15 seconds and primer annealing at 60°C for 15 seconds and elongation for 20 seconds. The relative mRNA expression was analysed by $2^{-\Delta\Delta CT}$ [20] and was normalised with the β -actin housekeeping gene. Primer sequences are shown in Table 1.

2.5. 16S rRNA gene library production and sequencing

Purified DNA from each animal was used for PCR amplification and sequencing of 16S rRNA genes on an Illumina MiSeq instrument with 2 x 300 base-pair paired-end reads at LGC Genomics, Germany. Universal primers of 16S rRNA genes were used to amplify the hypervariable regions, V3-V5 (V3F (341F), V5R (785R)) [21]. In a second PCR, Illumina TruSeq adapters and tag index sequences were attached prior to sequencing. Reads were demultiplexed at LGC and basic statistics are shown in Table 2. All reads were reported as fastq along with fastqc files showing phred values > 20. Reads and metadata have been submitted to the SRA with Accession Number **PRJNA596121**.

2.6. Data analysis with QIIME2 and PICRUST

Data processing, quality trimming, taxonomic classification, diversity and differential abundance were analysed with modules (plugIns) in QIIME2-2018.8 (<https://qiime2.org>; <https://peerj.com/preprints/27295/>) [22]. QIIME2 is a microbiome-analysis pipeline that incorporates many previous stand-alone facilities with facilities developed by the QIIME2 team. Demultiplexed reads were imported using the Fastq manifest protocol (import is directed by a tab-separated text file) (<https://docs.qiime2.org/2019.1/tutorials/importing/>) prior to an additional layer of quality filtering using DADA2 (settings p-trim-left 10 bp and p-trim-right 240) [23]. DADA2 truncates reads at both ends to the specified length, joins the reads and removes any chimeric sequences. Taxonomy was assigned to features using a classifier trained with the QIIME2 plugin [24] using the Greengenes data base (v 13.8) set at 99% sequence identity [25]. Diversity of the microbial communities were assessed using several methods available in the q2-diversity plugin (see <https://forum.qiime2.org/t/alpha-and-beta-diversity-explanations-and-commands/2282> for original citations). Differential Abundance was determined using gneiss and Linked Taxonomy was generated with p-taxa-

level set to 5 (<https://docs.qiime2.org/2019.7/tutorials/gneiss/>). This approach seeks to identify groups of taxa (balances or proportions) that co-segregate under various experimental conditions and thus which balance might change with those conditions. Co-segregation is identified using correlation with unsupervised Ward's hierarchical clustering to obtain Principal Balances.

The frequency and taxonomic data were processed in QIIME2 for closed-reference clustering with vsearch [26] with identity set at 0.99 and using the trained classifier produced earlier. The table produced was exported for further analysis in PICRUSt [27] for metagenomic function imputation. PICRUSt allows predictions to be made for the presence of genes even in un-sequenced taxa by the construction of phylogenetic trees and inference when sufficient genome sequences are available from close family members. These predictions apply to both enzyme-encoding genes and 16S rRNA genes allowing normalization to 16S gene copy number. Metagenome predictions were collapsed to KEGG-Pathways with level set to 3. The metagenome predictions were also used to compute the contribution of individual taxa to chosen KEGG orthologue enzymes.

Results were obtained using the ARCHIE-WeSt High Performance Computer (www.archie-west.ac.uk) based at the University of Strathclyde.

2.7. Statistics

Data is presented as mean +/- SEM and differences within and between groups were assessed using GraphPad Prism Software (version 8.02, 441, Inc., San Diego, CA, USA). Data distribution was tested by selecting in Prism the methods of Anderson-Darling, D'Agostino & Pearson, Shapiro-Wilk test and Kolmogorov-Smirnov ($\alpha=0.05$) and normality was only accepted if all methods agreed. Data was analysed by One-way ANOVA

with Tukey's post-hoc test, if the data had a normal distribution while the Kruskal Wallis test followed by Dunn's multiple comparisons test was used if data was nonparametric. Other statistical tests are built into the QIIME2 Plugins. A p value of < 0.05 was considered significant.

3. Results

Mice were maintained either on a normal diet (referred to as CD or Control group) or one containing high fat (referred to as HFD or Obese group) for a period of 13 weeks. After this time the animals were maintained on their original diet for another 15 days but a subset of the HFD mice were also administered etifoxine (E), i.p., (referred to as HFD+E, Etifoxine group). During this phase the other HFD and Control animals received vehicle treatment. Data recorded over the initial 13 weeks showed that animals on the HFD diet gained considerable weight relative to the Controls (Figure 1a). Those animals kept on the high-fat diet and vehicle continued this trajectory during the second phase of the experiment while those on HFD+E showed weight loss as early as 7 days and this became significant at 13 days and continued to the end of the experiment (Figure 1b). Control animals showed expected, continuous, modest weight gain through both stages of the experiment.

3.1. Effects on the host as measured by lipids in serum and hepatic qRT-PCR data

It was expected that the high-fat diet would have direct effects on animal metabolism and we investigated this and the effects of etifoxine by measurement of serum cholesterol and triglycerides. Administration of the high fat diet increased serum levels of both cholesterol (Figure 1c) and triglycerides (Figure 1d). However, administration of etifoxine produced significant reductions of these lipids close to those observed in the Control animals. In addition to lipid analytes, relative levels of liver mRNAs associated with lipid processing were also determined. These included *cyp7a1*, *cyp27a1*, *abcg1*, *abca1*, and *LXRα*. Figure 1e

shows that the relative level of *cyp7a1*, *cyp27a1*, *abcg1* and *LXRα* were elevated in HFD mice. *Cyp7a1* remained elevated in HFD+E but *cyp27a1*, *abcg1* and *LXRα* declined to values intermediate between the HFD and Control animals. No statistically significant differences were found for expression levels of *abca1* between any of the groups. Obesity is associated with an inflammatory state so relative levels of mRNAs for pro-inflammatory TNFα, IL-1β and IL-18 were also determined. The high-fat diet elevated levels of TNFα and IL-18, but not IL-1β, relative to CD and this was reversed in HFD+E mice for IL-18 and TNFα (Figure 1f).

3.2. Sequence analysis of bacterial DNA

After demultiplexing and removal of adaptor and primer sequences, a total of 1.79 M, 16S rRNA gene read-pairs (Table 2) were imported to QIIME 2. Subsequent quality-trimming and read-pair joining generated 766,169 reads and 1925 representative rep-seqs were selected with average read length 388.7 base pairs. Subsequent phylogenetic assignment of features produced 103 distinct taxa with 86% identified at family level, 50% at genus and 23% at species level.

3.3. Phylogenetic composition and the abundance of taxa of the microbiome communities

Determination of the 16S rRNA gene sequences allowed phylogenetic classification via QIIME 2 of features of the gut microbiota from the level of phylum to species. The abundance and composition of gut bacteria differs between the three experimental groups and is shown in Figure 2 and Figure 2a shows the abundance of bacteria at the level of phylum. The ratio of *Firmicutes*/*Bacteroides* is elevated in HFD v CD but there is a distinct shift back towards CD in this value in HFD+E (Figure 2b). In greater detail changes relative to CD can be seen in HFD and these appear to be reversed towards CD in HFD+E. For instance, in the Control animals (CD), the most abundant bacteria were unclassified species of

family *Lachnospiraceae*, order *Clostridiales* and family *S24-7*. The abundance of these organisms is decreased in HFD but increased towards CD in HFD+E (Figure 2c). Conversely, *Allobaculum* and unclassified genera of order *Clostridiales* are increased in HFD vs CD but less so in HFD+E.

Differences in the diversity of taxa across the groups were investigated by measures of both α - and β -diversity. For α -diversity observed_otus and chao1 showed clear differences of HFD compared with both CD and HFD+E while no significant differences were found between CD and HFD+E (Figure 3a & b, respectively). Additionally, correlation analysis based on animal weight and the vector of alpha diversity, using the Spearman method, indicated a significant difference (observed_otus and chao1; test statistic = 0.6599, p= 0.0029, n=18). Figures 3c and d show differences of β -diversity in bacterial communities between groups were conducted by 3D PCoA Emperor Plots with Bray Curtis and weighted unifrac metrics. The results of these analyses reveal spatial separation between the Control (CD) and both groups of the high-fat animals (HFD and HFD+E). However, some separation between HFD and HFD+E groups was apparent and it appears that HFD+E is approaching values seen in CD.

3.4. Differential Abundance of taxa based on balances metrics

Ward's hierarchical clustering was used to define the log ratios of microbes that are found together under defined conditions, here the experimental treatment of each group of animals. The statistics produced can be used to guide the choice of subsets of interest. Using this approach, and one such balance with 737 taxa in the numerator and 63 in the denominator produced a much lower log2 ratio in HFD than CD while an intermediate value was found for HFD+E (Figure 3e). Organisms in *Clostridiales*, *Lachnospiraceae*, *Lactobacillus* and *Oscillospira* appear to be significant (Figure 3f).

3.5. Derivation of the functional microbiome using PICRUSt

The potential for bacterial metabolism in each bacterial group has been provided by PICRUSt. The normalised data was analysed by Kyoto **Encyclopaedia** of Genes and Genomes (KEGG) Pathway at level 3 and significant differences were identified as illustrated in Figure 4. Pair-wise comparison indicated 39 pathways with differences between at least two groups. Significant differences ($p < 0.05$) between HFD and HFD+E were found in 27/39 pathways. When comparing CD to HFD+E, 24 of those 27 pathways showed no difference i.e. these pathways approach levels seen in the Control. When comparing CD to HFD, differences were seen in 39/39 pathways.

So as to focus on major metabolic functional activities, a deeper analysis of some significant pathways was done at the level of individual enzymes present in taxa in those pathways using the 'metagenomics_contributions' script. These included butanoate metabolism, sphingolipid metabolism, synthesis and degradation of ketone bodies, and drug metabolism-other enzymes. Additionally, production of bacterial virulence factors were also analysed.

The short-chain fatty acid, butanoate plays an important role in gut function and health and therefore its metabolism was analysed in detail. In butanoate metabolism (Figure 5a, PATH: ko00650), 4 orthologous enzymes were imputed to be significantly higher in CD and HFD+E vs HFD and two of these have a direct role in butanoate formation, namely K00929 (butyrate kinase [EC:2.7.2.7]) (Figure 5b) and K00634 (phosphate butyryl-transferase [EC:2.3.1.19]) (Figure 5c). Only two enzymes (K00241) and (K7250) were significantly higher in CD vs HFD alone while HFD+E was higher than HFD but not significantly so. Three enzymes were higher in HFD alone vs CD while one was higher in HFD vs CD and HFD+E. All of the

enzymes where HFD was greater than CD are concerned with acetoin and acetoacetate metabolism.

In the lipid metabolic pathways (Figure 6a) the imputed synthesis of ketone bodies [PATH: ko00072] was lower in CD and HFD+E compared to HFD while sphingolipid metabolism [PATH: ko00600] was higher in CD and HFD+E compared to HFD. In addition, lipid biosynthesis proteins [PATH: ko01004] and Steroid hormone biosynthesis [PATH:ko00140] were higher in CD compared to HFD whereas Linoleic acid metabolism [PATH:ko00591] was lower in CD compared to HFD. Imputed activity levels of individual enzymes in the ketone body pathway are shown in Figure 6b. Two enzymes of the ketone body pathway were significantly enriched in HFD vs both CD and HFD+E including hydroxy-methyl-glutaryl-CoA synthase that catalyses the rate-limiting step of cholesterol biosynthesis. In sphingolipid metabolism, metabolic contributions from 7 enzymes would, potentially, be higher in CD and HFD+E vs HFD and different bacteria were associated with these changes (Figure 7). All of these enzymes are involved in the conversion of glucosylceramide and galactosylceramide to ceramide (N-acylsphingosine), the primary precursor of sphingosine.

Bacteria can produce virulence factors which have effects on host cells and restrict the immune system. Figure 8a shows analysis of pathways leading to the production of bacterial toxins (cfa; cAMP factor; tcdAB; toxin A/B from *Clostridioides difficile*) where production is higher in HFD compared to both CD and HFD+E. Conversely hya; hyaluronoglucosaminidase was found to be significantly lower in HFD vs both CD and HFD+E. Figure 8b shows enzymes involved in bacterial invasion of epithelial cells [PATH:ko05100] and found 3 activities (fnbB; fibronectin-binding protein B , sfb1; fibronectin-binding protein 1 and yeeJ; adhesion factors) significantly higher in HFD vs CD

and vs HFD+E. With respect to the endotoxin LPS, 3 enzymes involved in metabolism of lipid A (K12973, K12974 and K02560) and 2 involved in metabolism of the O-antigen (K02847 and K02851) were elevated in HFD compared to CD and HFD+E while 3 enzymes of O-antigen metabolism (K12990, K132002 and K13004) were diminished in HFD but were higher in CD and HFD+E. Data for K12973, K02560 and K12990 are shown in Figure 8c; others involved with LPS metabolism, data not shown.

Although the bile acid-related pathways were not significantly different between groups, the important role of these pathways in cholesterol homeostasis and recycling and their influence on inflammatory processes had obvious relevance to our investigation. In secondary bile acid biosynthesis [PATH:ko00121], 7-alpha-hydroxysteroid dehydrogenase [EC:1.1.1.159] (K00076) was significantly higher in HFD than CD while 3-dehydro-bile-acid Delta-4,6-dehydrogenase (baiN; K07007) was higher in HFD+E than HFD (Figure 8d).

In other bacterial metabolism, enzymes involved in drug metabolism - other enzymes [PATH:ko00983] were considered. Imputed metabolic contributions from 4 enzymes were significantly higher in CD and HFD+E vs HFD and different bacteria were involved for these changes (Figure 9a). The role of beta-glucuronidase [EC:3.2.1.31] (uidA, GUSB; K01195) is considered to be important (Figure 9b) and is discussed below.

4. Discussion

4.1. Antipsychotics, weight and bacterial colonic communities

Here we find that etifoxine, an antipsychotic, is able to reverse weight gain induced by a high-fat diet and this property is unlike the majority of antipsychotic drugs that cause weight gain [1,2]. While the treated mice have lost a significant amount of weight, they are still

technically obese with respect to weight. Diets high in fat cause changes of intermediary metabolism, adipose deposition and inflammation [28] and changes in gut microbiota that contributes towards the obese state [29–32]. Changes in community structure in the obese mice were detected by alterations of diversity metrics and these were altered by etifoxine treatment to give values between the HFD and Control groups. The taxonomic profiles of the Control, Obese and Etifoxine groups show distinct differences but detecting changes in abundance of individual taxa in complex bacterial communities is difficult and cannot be reliably determined by simple relative abundance. However, it has been suggested that such problems can be overcome by seeking subsets of taxa that are co-associated with an experimental parameter and employing the idea of proportions or ‘balances’ [33]. Using the Differential Abundance module in QIIME 2, differences between all three groups were found providing further evidence that the etifoxine administration was able to influence bacterial community structure. Thus log differences between values of the abundance ratio between each group indicate that taxa in the denominator species-set must be more abundant in the HFD than HFD+E in which they must be more abundant than in Control. Alternatively the numerator species-set must be in the order Control > HFD+E > HFD.

4.2. Serum cholesterol and TGs

Cholesterol was diminished to control levels in the blood plasma of the HFD+E animals. One target of etifoxine action is TSPO, in the outer mitochondrial membrane, and that stimulates cholesterol transit. This would allow an elevation of cholesterol metabolism to bile acids via the mitochondrial *cyp27a1*. Obesity is associated with mitochondrial disruption and a block of the differentiation of preadipocytes, processes which can be reversed by TSPO activators. PK 11195 and Ro5-4864 are other TSPO activators and elicit in adipose differentiation of preadipocytes [14] with improved glucose regulation and weight loss in obese mice [14,34].

Etifoxine binds to the same site on TSPO as Ro5-4864 [35] so we assume its activity in our model operates in the same way. Etifoxine has also been shown to affect insulin signalling molecules by exacerbating insulin resistance but reversing lipid accumulation caused by infection with Hepatitis C-related virus [36]. The safety of etifoxine for therapeutic use has long, been questioned and was recently high-lighted by a French retrospective study identifying a number of adverse effects including hepatitis in some cases [18].

Both *abca1* and *abcg1* are responsible for cholesterol efflux in reverse cholesterol transport (RCT), which moves excess cholesterol from peripheral tissues via the plasma to the liver, where cholesterol can be directly released into the bile or be metabolised into bile acids by *cyp7a1* and *cyp27a1* [37]. Previous work shows that TSPO ligands promote cholesterol efflux in macrophages, retinal pigment epithelial and choroidal endothelial cells and upregulated expression of RCT component genes [19,38,39]. However, the effect of the TSPO ligand, Etifoxine on expression of RCT genes in liver was different from that seen in peripheral tissues including macrophage and retinal cells, possibly because the liver is the main cholesterol-synthesizing tissue in the body. Our earlier work demonstrates that Etifoxine suppresses oxidized LDL-induced inflammation by decreasing the secretion of proinflammatory cytokines [39]. Here we also found decreased levels of hepatic transcripts for proinflammatory cytokines, TNF α and IL-18.

4.3. The imputed functional microbiome

Treatment with etifoxine appears to have signalled an alteration of the gut microbiome and changes of composition of gut bacterial taxa will have important consequences on metabolic potential. Bacteria of the gut microbiome interact with each other and the host through small molecules produced as end-products of metabolic pathways. We have found a number of such

384 signallers that potentially would influence the metabolism of cholesterol and inflammatory
 385 factors.
 386
 387 Butanoate is one such product and has a crucial role in colonic epithelial cells by supplying an
 388 energy source and increasing cell proliferation. Here imputed butanoate production is
 389 increased in HFD+E, from a low level in HFD, to levels similar to those of CD. Butanoate-
 390 producing bacteria such as unidentified taxa from *Clostridiales* order and families of
 391 *Lachnospiraceae*, *Peptostreptococcaceae*, *Ruminococcaceae* and *S24-7* are increased after
 392 etifoxine treatment. One of the benefits of butanoate is to protect the host through increased
 393 mucin production that maintains the intestinal mucosal surface as a protective intestinal
 394 barrier [40,41] from pathogenic organisms and inflammatory bacterial products [42] and by
 395 enhancing tight junction integrity in response to injury. Other benefits of butanoate include
 396 inhibition of the production of proinflammatory cytokines [40,41] and inhibition of the
 397 synthesis of cholesterol by colonocytes [43] [44].
 398
 399 Another imputed signalling molecule influenced by etifoxine is sphingolipid. Seven KEGG
 400 orthologous enzymes were imputed to be significantly higher in CD and HFD+E vs HFD and
 401 different bacteria were involved in these changes (Figure 7). Each of these enzymes is
 402 involved in the conversion of glucosylceramide and galactosylceramide to ceramide (N-
 403 acylsphingosine) the main precursor of sphingosine. Recent work has demonstrated a
 404 sphingolipid-responsive colonic GPC receptor, S1PR4, whose endogenous ligand is
 405 sphingosine-1-phosphate [45].
 406
 407 In common with others [3], we find that the high-fat diet of the HFD group increases the
 408 imputed production of bacterial virulence factors including toxins, invasion factors and LPS

while these effects are reversed or partially reversed in the HFD+E group. Decreased abundance of commensal organisms in HFD animals would provide opportunities for colonisation by other potentially pathogenic organisms and indeed obesity has been linked to the risk of developing *C. difficile* infection [47,48]. In general the production of the virulence factors were elevated in the HFD group such as the bacterial exotoxin cAMP-factor, associated with obesity-driven production of interleukin IL-1 β [49,50] and release of proinflammatory cytokines [51]. An increase in the production of toxin A and B from *C. difficile* is also noted in the HFD group (K11063). This species is a member of the *Peptostreptococcaceae* family and an increase of abundance of unclassified species of *Peptostreptococcaceae* result in endothelial dysfunction in obese children and cause the secretion of interleukin (IL-1) and TNF- α [52,53]. A number of imputed activities associated with invasion of epithelial cells (K13735) were also elevated in HFD but decreased in etifoxine-treated animals. *Pelagibacteraceae* and *Enterobacteriaceae* produce adhesin/ invasins (yeeJ; K13735), the adhesion factor in *E. coli* that contributes to colonisation and the promotion of biofilm formation [54] and the increased presence of this gene in the HFD group further supports the view that this diet may support colonisation with pathogenic bacterial species. Here we also find an increase in the capacity of the bacterial community of the Obese to modify LPS and this effect is reversed by etifoxine. On the other hand decreased rhamnosyltransferase in HFD vs both HFD+E and CD may contribute to inflammation. The product of this enzyme is involved in quorum sensing that provides cell-cell communication within species of bacteria and between different genera [55] and preserves commensal bacteria and resistance to infectious diseases in the GI [56].

4.4. How does etifoxine affect gut microbiota?

Few studies have investigated the effects of drugs on gut microbiota other than by direct dietary provision [57–59] but here we find that bacterial communities are affected by the i.p. administration of etifoxine and metabolic functional potential would be altered raising the question of the mechanism behind this effect.

We had expected to discover the significant interplay between cholesterol metabolism in the host with bile acids in the gut since these influence the composition of gut bacterial communities [60]. Although distinctions were found between groups and some KEGG orthologous enzymes, there was no difference at the pathway level. Another possible explanation of the indirect effect on gut microbiota is that metabolites of etifoxine influence the communities. Etifoxine is metabolised in the liver by de-ethylation, oxidation and subsequent glucuronidation [61]. It is likely that the action of bacterial β -glucuronidase will release glucuronide and an etifoxine metabolite (desethyl hydroxyl etifoxine). Either may play a role in reshaping the bacterial communities by the provision of an energy source and by unknown signalling from the aglycone. Significantly with regard to these suggestions imputed β -glucuronidase activity was found to be lower in HFD than in CD or HFD+E and taxa of *Clostridiales* and *Lachnospiraceae* appear to make a higher contribution to these activities. The importance of bacterial β -glucuronidase action in weight loss has been previously referred to [62].

In conclusion, etifoxine reverses weight gain in a mouse model of obesity and effects on host and gut microbiota contribute to this as would be, imputed, improved lipid metabolism and decreased production of virulence factors. In our model obesity was associated with decreased signalling to the gut by butanoate and sphingolipids but increased production of inflammatory agents and lipids usable for host metabolism. We propose that signalling from host to bacteria is mediated in part by etifoxine glucuronide which is a

substrate for bacterial glucuronidases and which provides an energy source for differential bacterial replication.

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Author's contributions

XS designed the study; LB and KSI conducted the experiments; JAC conducted the bioinformatics; JAC, LB and KSI analysed the data and wrote the manuscript; XS, KSI, JS and JAC reviewed the manuscript.

Declarations

Ethical approval Experiments were conducted under the UK Home Office Animal Care regulations and the experimental procedures were authorised by the University of Strathclyde Animal Welfare Authority (Project licence P8C815DC9).

Consent for publication. The document does not contain any personalized images or information

Data availability

Sequence data with associated metadata is available at SRA (<https://www.ncbi.nlm.nih.gov/sra>) PRJNA596121. All of the scripts used are publically available at QIIME2 (<https://qiime2.org/>), at PICRUSt (<http://picrust.github.io/picrust/>) and through publications cited here. Any other aspect of the data or analysis resulting from the current study that are not shown will be made available by the corresponding author on reasonable request.

479 **Disclosure of Potential Conflicts of Interest**

480 No potential conflicts of interest were disclosed.

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Legends for Figures

Figure 1: Effects of high-fat diet and subsequent administration of etifoxine on body weight, serum lipids and hepatic transcripts

Weight gain by mice on a control or high-fat diet during the initial phase of the experiment (a) and subsequent phase when etifoxine was administered to a group of the HFD animals (b). Serum total cholesterol (mg/dL) (c) and total triglyceride (mg/dL) (d) at the end of the experiment and relative expression of hepatic transcripts of cholesterol related genes (e) and inflammatory cytokines (d) in Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine, HFD+E (n= 6/group) One-way ANOVA followed by Tukey's multiple comparisons test a, b, c and d; Kruskal-Wallis followed by Dunn's multiple comparisons test e and f; and d * $\&\#p<0.05$. ** $\&\#p<0.01$, and *** $\&\#\#p<0.001$.

Figure 2: Bacterial taxonomy of the three experimental groups.

Bacterial abundance (mean %, n= 6/group) of colon samples at level of phyla (a), the ratio of Firmicutes/ Bacteroides (b) and at the level of species (c) of the gut metagenome. Keys; Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine, HFD+E. Kruskal-Wallis a and c; One-way ANOVA b; * $\&\#p<0.05$. ** $\&\#p<0.01$, and *** $\&\#\#p<0.001$.

Figure 3: Bacterial α - and β -diversity and differential abundance of taxa based on balances metrics in bacterial communities among the three groups

The Kruskal-Wallis test was used (n= 6/group) to determine the relationship of α -diversity metrics between the microbiome of the mice groups; observed_otus (a) and chao1 (b). Differences of β -diversity in bacterial communities between groups were conducted by 3D PCoA with Bray Curtis (c), and weighted unifracs (d). Differential abundance of taxa based on balances metrics between the three groups; log ratio of balance (e), and detail of taxonomy (f). Keys; Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine, HFD+E. Blue= CD; Red= HFD and Green=HFD+E.

Figure 4: PICRUSt analysis of the functional metabolic potential of the microbiome of each group

The Kruskal-Wallis test followed by Dunn's multiple comparisons test (n= 6/group), pair-wise comparison, was used to estimate the significant differences of relative abundance of all of

KEGG Pathway at level 3. Significant differences of these pathways were found in 39 pathways * $p < 0.05$ and ** $p < 0.01$.

Figure 5: Metagenomic analysis of butanoate metabolism [PATH: ko00650].

Imputed activities of orthologous enzymes for each group were evaluated by PICRUSt (a). The Kruskal-Wallis followed by Dunn's multiple comparisons test was used to estimate the significance between groups (# & * $p < 0.05$). Metagenomic contributions of organisms to butanoate formation by butyrate kinase [EC:2.7.2.7]) (b) and phosphate butyryl-transferase [EC:2.3.1.19]) (c). Keys; Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine, HFD+E.

Figure 6: Metagenomic analysis of lipid metabolism.

Imputed activities of lipid metabolism for each group ($n=6$ /group) were evaluated at level 2 by PICRUSt (a) and of orthologous enzymes for ketone body metabolism [PATH:ko00072] at level 3 (b). One-way ANOVA followed by Tukey's multiple comparisons test for a and the Kruskal-Wallis followed by Dunn's multiple comparisons test for b was used to estimate the significance between groups (# & * $p < 0.05$). Keys; Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine, HFD+E.

Figure 7: Expression of imputed bacterial enzyme contributions of the sphingolipid pathway

The pathway of sphingolipid metabolism [PATH: ko00600] is shown (a) along with imputed metabolic contributions of organisms in the three groups ($n= 6$ /group) to individual reactions (b).

Figure 8: Metagenomic analysis of the production of virulence factors and bile acids.

Imputed contributions from organisms to the production of toxins (a), of epithelial cell invasion [PATH: ko05100] (b), of lipopolysaccharide (LPS) synthesis (c) and to the biosynthesis of secondary bile acids [PATH: ko00121] (d) were evaluated by PICRUSt. Kruskal-Wallis followed by Dunn's multiple comparisons test ($n= 6$ /group) was used to estimate the differences between groups. Keys; Control Diet, CD; High-fat diet, HFD; and High-fat diet + etifoxine, HFD+E.

Figure 9: Comparison of groups in imputed levels of drug metabolism – (other enzymes)
[PATH:ko00983]

Imputed activities of drug metabolism for each group (n=6/group) were evaluated at level 2 by PICRUSst (a) and of metagenomic contributions of organisms to beta-glucuronidase activity. The Mann Kruskal-Wallis followed by Dunn's multiple comparisons test, was used to estimate the significant differences *p<0.05.

Legends for Tables

Table 1: Primers used for qRT-PCR for hepatic transcript analysis

Table 1: Total counts for raw and trimmed reads

Basic statistics for sequencing results of the 16S rRNA gene fragments.

Graphic abstract

Author's contributions

XS designed the study; LB and KSI conducted the experiments; JAC conducted the bioinformatics; JAC, LB and KSI analysed the data and wrote the manuscript; XS, KSI, JS and JAC reviewed the manuscript.

Table 1: Primers used for qRT-PCR for hepatic transcript analysis

Gene	Forward Primer (5'-3')	Reverse Primer (3'-5')
β -actin	CTCTAGACTTCGAGCAGGAGAT	CAGCACTGTGTTGGCATAGA
IL-1 β	CAGGCAGGCAGTATCACTCA	AGCTCATATGGGTCCGACAG
TNF- α	ACGTGGAACCTGGCAGAAGAG	AGGGTCTGGGCCATAGAACT
IL-18	GAAGAAAATGGAGACCTGG	TTCACAGAGAGGGTCACA
LXR α	CCCTAGCCTTTCCCCAAATTGC	CGGAAGAATCCCTTGCAACC
<i>abca1</i>	AGTTTCGGTATGGCGGGTTT	AGCATGCCAGCCCTTGTTAT
<i>abcg1</i>	ACCTACCACAACCCAGCAGACTTT	GGTGCCAAAGAAACGGGTTCACAT
<i>cyp27a1</i>	GCCTTGCAACAAGGAAGTGA	CGCAGGGTCTCCTTAATCACA
<i>cyp7a1</i>	TGGGCATCTCAAGCAAACAC	TCATTGCTTCAGGGCTCCTG

Table 2: Total counts for raw and trimmed reads

Sample Name	Raw total reads	Raw read pairs	Adapter clipped total	Adapter dipped	Primer clipped total reads	Primer clipped read pairs
CD 1	223048	111524	223048	111524	220698	110349
CD 2	217254	108627	217248	108624	214374	107187
CD 3	207266	103633	207266	103633	204949	102474
CD 4	235744	117872	235734	117867	233198	116599
CD 5	151762	75881	151762	75881	149742	74871
CD 6	206152	103076	206150	103075	202560	101280
HFD 1	128016	64008	127980	63990	125876	62938
HFD 2	64408	32204	64396	32198	63312	31656
HFD 3	188408	94204	188396	94198	185772	92886
HFD 4	196682	98341	196678	98339	191436	95718
HFD 5	137236	68618	136832	68416	132098	66049
HFD 6	245610	122805	245600	122800	242728	121364
HFD+E 1	189798	94899	189792	94896	187580	93790
HFD+E 2	269894	134947	269810	134905	258506	129253
HFD+E 3	272564	136282	272560	136280	269330	134665
HFD+E 4	255722	112861	225722	112861	223344	111672
HFD+E 5	265004	132502	264912	132456	261238	130619
HFD+E 6	211918	105959	211914	105957	209224	104612

Keys: HFD+E=High fat diet + etifoxine, HFD = High fat diet and CD = Control

Figure

Figure 1

Figure 2

Figure 3

Figure 4

Figure 5

Figure 6

Figure 7

Figure 8

Figure 9